

Human Nutrition Eight-semester Suggested Program of Study: Nutrition and Health Promotion 2021-2022

First-Year Fall Term Semester 1		First-Year Spring Term Semester 2	
Course	Credits	Course	Credits
NUTR 221 Human Nutrition/NUTR 222	4	Physical Activity	1
CHEM 101 Applying Chemistry to Society or CHEM 104 or CHEM 105	3-4	BIOL 150/151	4
Math 111/112/150 or 151	3	Humanities and Art Elective	3
WRIT 101	3	HMXP 102 Human Experience	3
ACAD 101	1	CSCI 101/CSCI 101 A,B,C Computer Sci. (Technology GE)	3
NUTR 226 Orientation to Nutrition and Dietetics	1		
TOTAL	15-16	TOTAL	14
Sophomore (Year 2)- Fall Semester 3		Sophomore (Year 2)- Spring Semester 4	
Course	Credits	Course	Credits
NUTR 231/232 Food Composition	4	NUTR 229 Nutritional Assessment	2
Language 1	4	Language 2	4
BIOL 213 Anatomy and Physiology I	4	ANTH 201 Intr. to Cultural Anthropology (Global Perspectives GE)	3
MATH 141 Statistics	3	CRTW 201 Critical Reading Writing Thinking	3
		BIOL 214 Anatomy and Physiology II	4
TOTAL	15	TOTAL	16
Junior (Year 3) - Fall Semester 5		Junior (Year 3) - Spring Semester 6	
Course	Credits	Course	Credits
NUTR 321 Nutrition Metabolism	3	NUTR 380 Nutrition Education	3
NUTR 421 Nutrition through Lifespan	3	Constitution Requirement	3
NUTR 371 Food and Nutrition Mgt I	3	NUTR 329 Nutrition, Wellness, and Human Performance	3
HLTH 300 Personal and Community Health	3	SUST 102 Introduction Sustainability	3
NUTR 227 Medical Terminology	1	NUTR 471 Food and Nutrition Mgt II	3
HCMT 200 Introduction to Health Care Management	3		
TOTAL	16	TOTAL	15
Senior (Year 4)- Fall Semester 7		Senior (Year 4)- Spring Semester 8	
Course	Credits	Course	Credits
NUTR 427 Medical Nutrition Therapy I	4	NUTR 580 Nutrition Counseling	2
ENVS 101 (Social Sciences GE)	3	Historical Perspective	3
500 Level HLTH Elective	3	NUTR 494 Seminar in Nutrition	3
NUTR 490A Practicum	1	Humanities & Art Elective	3
NUTR 428 Cultural Community Nutrition	3	PSYC 101 (Social Sciences GE)	3
TOTAL	14	TOTAL	14

Total 120 hours/ Subject to Change/NUTR 490A can be taken anytime in the last 3 semesters