How to become a Registered Dietitian

Starting from High School Graduate

Undergraduate degree in nutrition from an accredited university

Students graduating AFTER January 1, 2024

Master’s Degree in a related field (ex. MS Nutrition, MBA, MPH)

Dietetic Internship (6-12 months unpaid supervised work experience)

Pass the CRD exam (RD exam)

Starting from a non-nutrition undergraduate degree

DPD classes plus Master’s courses in Nutrition from accredited university

Dietetic Internship (6-12 months unpaid supervised work experience)

Students graduating BEFORE January 1, 2024

Tips for Success:

• Start volunteering early (some internships require 100+ hrs)
  • It must be with a Registered Dietitian
• Shadow when you can
• Keep your grades up
• Network
• Join/get involved with the Student Nutrition and Dietetic Association
• For more info visit the Winthrop University Human Nutrition website

Students graduating AFTER January 1, 2024

Students graduating BEFORE January 1, 2024