

Session 1 (10:50am - 11:40am)

*Click on the title of the presentation
to view via Zoom.*

The Resiliency Resolution

Richardson Ballroom

Summer Owens

Let's face it, life is hard for many people. Especially right now. Students face challenges of all types, from personal to academic, private or pandemic, and everything in between. Some challenges are inherited and some are created, but dealing with the stress and anxiety and overcoming the obstacles may seem impossible. Too often this causes many students to give up or not fulfill their potential. Summer Owens has a system to overcome even the greatest obstacles.

This program helps students examine their situations and recognize the power they have over their challenges and choices. Through her personal story and practical strategies, audience members can apply immediately. Summer demonstrates the power of a mindset that can turn giving up into standing out with world-class resilience.

Career Readiness and Leadership

Dina's Place

Dean Kaetrena Kendrick, M.L.S.

Keatrena Kendrick, Dean of Ida Jane Dacus Library and Louise Pettus Archives & Special Collections, will be discussing about Career Readiness and Leadership. Students participating in this session will learn about available tools to help research potential employers and careers fields. We will also discuss how employers use your digital archiving/branding (social media) in the hiring process.

Step Up To The Line

Kinard Auditorium

Shaniya Simmons & Erin Emiroglu

Students will have the opportunity to learn how personal values influence a group, recognize that their personal values will be the basis for their leadership, and gain an understanding of value-based actions. The group activity allows participants to think about their values and express them to others.