



Recreational Services

Isabella Schepisi



Group Fitness Instructor

Major: Computer Science

Graduation Date: May 2021

Certification(s): Yoga 200 RYT

Classes: Vinyasa Yoga & Gentle Flow
Yoga

Interests and Hobbies: Running,
thrifting, & listening to Indie music.



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Kim Perez



Group Fitness Instructor

Major: Elementary Education

Graduation Date: May 2021

Certification(s): Zumba

Classes: Zumba & Cardio Hip Hop

Interests and Hobbies: Dancing,
baking, and going on hikes.



Recreational Services

Steffan Mayrides-Jolon



Group Fitness Instructor

Major: Dance Education

Graduation Date: May 2024

Certification(s): Dance Fitness & Hip Hop Aerobics

Classes: Cardio Hip Hop

Interests and Hobbies: Dancing, working out, & spending time with friends.



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Nikki Kallenbach



Group Fitness Instructor

Major: Masters in Human Nutrition

Graduation Date: December 2021

Certification(s): Pound, Les Mills Bodypump & Bodycombat, Schwinn Cycle, TRX, & ACE GFI

Classes: HIIT

Interests and Hobbies: Live music, cooking, travel, roller skating, & playing with dogs.



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Maria Gelabert



Group Fitness Instructor

Profession: Faculty in the Chemistry Department

Certification(s): Yoga RYT-200, Integral Yoga, Relax and Renew Restorative Yoga

Classes: Yoga & Meditation

Interests and Hobbies: Cooking, gardening, reading, writing, & independent films.



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Jen Bossi



Group Fitness Instructor

Profession: Assistant Professor of Exercise Science in the Physical Education, Sport & Human Performance Department

Certification(s): ACSM Certified Exercise Physiologist & AFAA Certified Spin

Classes: Indoor Cycling

Interests and Hobbies: Running & hiking!