

**DAILY SCHEDULE**  
**Full-Day Preschool**  
**Mrs. Whitten**

This schedule is flexible. The times and activities vary according to the daily plans and needs of the children.

- 7:30-8:45            Arrival/ Free Choice Activities
- 8:45-9:00            Good Morning Gathering and Transition to Outdoors
- 9:00-10:00           Outdoor Play or Withers Gym  
                          Transition to indoors. Includes time to wash hands and get a drink of water.
- 10:00-10:15           Whole Group Meeting
- 10:15-11:30           Learning Activities/ Center Time  
                          During this time, children move freely and participate actively in various learning centers and planned activities. Includes snack. A reminder is given five minutes before clean-up time begins.
- 11:30- 11:45           Music and Movement Group Time
- 11:45- 12:30           Lunch and Transition to Rest  
                          Before lunch, children are given time to wash hands, and after lunch, children use the restroom, wash hands, and brush teeth.
- 12:30- 2:00           Rest
- 2:00- 3:15            Learning Activities/ Center Time  
                          During this time, children move freely and participate actively in various learning centers and planned activities. Includes snack. A reminder is given five minutes before clean-up time begins.
- 3:15- 3:30            Whole Group Meeting
- 3:30                    Departure
- 3:30- 5:30            After School Care: Outdoor Play or Withers Gym