

Winthrop University
College of Visual and Performing Arts
Department of Theatre and Dance
SAMPLE ASSIGNMENT

DANA 421: Ballet IVA

Assessment #1: Self-Assessment

Please answer the questions below in a narrative format.

1. What are your goals for ballet technique this semester?
2. What do you believe are your strengths in ballet technique?
3. What do you believe are areas in which you could improve?
4. How do you plan to approach the areas of your dancing that need improvement? List any specific strategies that you plan to incorporate inside and/or outside of technique class.
5. Is there anything specific that you would like to explore in class this semester?

The requirements listed below will be used to evaluate your completed assignment.

1. No grammatical, spelling, and/or punctuation errors
2. The arrangement of words in the sentences and the sentences themselves flow well and create a nice rhythm when read aloud
3. Paragraphs are organized in a manner that supports the flow of your writing, your ideas are well-developed, and each paragraph contains enough sentences to fully express your ideas
4. Your self-assessment should not exceed three pages.
5. Please type and double-space your work. Also, please use 1 inch margins.
6. Self- assessments that are turned in late will accrue a penalty of one point per day.

The following rubric will be used to evaluate your assignment:

Criteria/Expectations for Self-Assessments	Total Possible Point Value:10 points
WOW: Exceeds expectations, guidelines, and requirements for the assignment, amazing ideas which demonstrate thoughtful critical analysis of and reflection upon the course material, ideas are organized and articulated in an exceptional manner	9.8-10 points
Strong: Meets the expectations of the assignment, demonstrates insightful critical thinking about the course material, ideas are organized and articulated very well	9-9.7 points
Competent: Meets expectations of the assignment, contains good ideas and demonstrates critical thinking skills, but revisions could make this assignment much stronger, the organization and communication of ideas are average	8-8.9 points

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Developing: Almost meets the expectations of the assignment, ideas demonstrate some thinking about the course material but remain unrefined; if applicable, organization, syntax, and grammar could use many revisions	7-7.9 points
Emerging: Barely meets the expectations of the assignment, ideas demonstrate a minimal amount of reflection upon the course material; if applicable, organization, syntax, and grammar need major revisions	6-6.9 points
Not Yet: Does not meet any of the guidelines and/or requirements of the assignment, work is sloppy and unintelligible	5.9 points and below