

# *Resilience through Connection*



## An **LGBTQ+** Support Group

**Purpose:** To promote self-acceptance, improve coping skills, provide a sense of hope, and to engage individuals in meaningful relationships with each other in a **safe space**.

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**When?** Starting back up the week of January 27th

**Where?** Winthrop Community Counseling Clinic in **Withers**

**Cost?** FREE!

\*The support group is open for all LGBTQ+ individuals who are students at WU.

\*Contact for info regarding meeting dates and times.

\***Complete the interest form:** <https://forms.gle/h9zKz6Ktjm9Fwy3N6>



Contact either Ashlyn Bordelon ([bordelona2@mailbox.winthrop.edu](mailto:bordelona2@mailbox.winthrop.edu)) or Elizabeth Tate ([tatee@winthrop.edu](mailto:tatee@winthrop.edu)) if you have any questions or concerns.

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**Department of Counseling and Development**