

Suggested Term-by-Term Plan (based on 4 years/8 semesters)					General Education Expectations					
Year 1										
Fall 15 crd	ACAD 101	1	Spring 16 crd	PHYS 201/201L	4	General Education Core (must be taken in sequence; C- or better required) WRIT 101 <input type="checkbox"/> HMXP 102 <input type="checkbox"/> CRTW 201 <input type="checkbox"/> Science Foundation Core BIOL 213 or BIOL 307 <input type="checkbox"/> BIOL 214 or BIOL 308 <input type="checkbox"/> NUTR 221 <input type="checkbox"/> General Education ACAD 101 <input type="checkbox"/> Constitution <input type="checkbox"/> Global <input type="checkbox"/> Historical Perspectives <input type="checkbox"/> Humanities & Arts <input type="checkbox"/> Humanities & Arts <input type="checkbox"/> Intensive Writing (PESH 381) <input type="checkbox"/> Natural Science (CHEM 101 or 105) <input type="checkbox"/> Oral Communication <input type="checkbox"/> Physical Activity (PESH 102) <input type="checkbox"/> Quantitative <input type="checkbox"/> Social Science (PSYC 101) <input type="checkbox"/> Social Science <input type="checkbox"/> Technology (CSCI 101 + 3 labs: A, B, C, F or P) <input type="checkbox"/> Elective/Minor courses to reach 120 total hours <input type="checkbox"/> Hours over 299 <input type="checkbox"/>				
	EXSC 101	1		NUTR 221	3					
	HLTH 300	3		General Ed Core	3					
	PESH 102	1		PSYC 101	3					
	General Ed Core	3		General Education (rec. Hum & Arts)	3					
	General Education (rec. Tech)	3								
General Education (rec. Quant)	3									
Year 2										
Fall 16 crd	ATRN 151	3	Spring 16 crd	ATRN 201	2	General Education ACAD 101 <input type="checkbox"/> Constitution <input type="checkbox"/> Global <input type="checkbox"/> Historical Perspectives <input type="checkbox"/> Humanities & Arts <input type="checkbox"/> Humanities & Arts <input type="checkbox"/> Intensive Writing (PESH 381) <input type="checkbox"/> Natural Science (CHEM 101 or 105) <input type="checkbox"/> Oral Communication <input type="checkbox"/> Physical Activity (PESH 102) <input type="checkbox"/> Quantitative <input type="checkbox"/> Social Science (PSYC 101) <input type="checkbox"/> Social Science <input type="checkbox"/> Technology (CSCI 101 + 3 labs: A, B, C, F or P) <input type="checkbox"/> Elective/Minor courses to reach 120 total hours <input type="checkbox"/> Hours over 299 <input type="checkbox"/>				
	BIOL 213	4		BIOL 214	4					
	General Ed Core	4		EXSC 382	3					
	General Education (rec. Hist/Const)	3		PESH 201	1					
	General Education (rec. Hum & Arts or Soc Sc)	3		General Education (Glob)	3					
		General Education (Oral)	3							
Year 3 (begin MSAT work in Summer)										
Fall 17-18 crd	EXSC 384/385	4	Spring 15 crd	EXSC 480	3	Summer 10 crd	ATRN 505	2	ATRN 515 <input type="checkbox"/> ATRN 520 <input type="checkbox"/> ATRN 530 <input type="checkbox"/>	
	CHEM 101 or 105 (Nat Sci)	3-4		EXSC 465	3					
	PESH 242	3		EXSC 501	3					
	ATRN 301	1		EXSC 511	3					
	EXSC 401	3		General Education (rec. Hum & Arts or Soc Sc)	3					
PESH 381	3									
Year 4 (Primarily MSAT coursework with some coursework transferring back to BS)										
Fall 15 crd	ATRN 535^	4	Spring 12 crd	ATRN 630	4	Summer 8 crd	ATRN 620	3	ATRN 660 <input type="checkbox"/> ATRN 602 <input type="checkbox"/>	
	ATRN 550^	4		ATRN 650	4					
	ATRN 501	2		ATRN 525	2					
	ATRN 502^	2		ATRN 601	2					
NUTR 520	3									
Year 5 (Completely MSAT work)										
Fall 9 crd	ATRN/SPFA 600	3	Spring 9 crd	ATRN 670	3	SCWK 601 <input type="checkbox"/> ATRN 604 <input type="checkbox"/>				
	SPFA 610	3								
	ATRN 603	3								
Undergraduate Concentration Coursework #					Electives					
ATRN 151 3 <input type="checkbox"/>					ATRN 201 1 <input type="checkbox"/>					
ATRN 301 2 <input type="checkbox"/>					ATRN 501 2 <input type="checkbox"/>					
ATRN 505 2 <input type="checkbox"/>					ATRN 515 2 <input type="checkbox"/>					
ATRN 520 2 <input type="checkbox"/>					ATRN 530 4 <input type="checkbox"/>					
EXSC 511 3 <input type="checkbox"/>					PHYS 201/201L 3 <input type="checkbox"/>					
CHEM 101 or 105 (Nat Sci) 3/4 <input type="checkbox"/>					NUTR 520 3 <input type="checkbox"/>					
Suggested Topics to discuss with Faculty Advisor										
<ul style="list-style-type: none"> GPA Expectations Support Services (Academic Success Center, Math Tutorial Center, etc.) Check Winthrop email Deadlines & Course Fee Overview Social Media for Announcements Undergraduate Research 					<ul style="list-style-type: none"> Interim Grades Professionalism in Field Courses Study Abroad options (short-term and semester-long) DegreeWorks Planner for digital record Use of S/U and Repeat Options Career Choices 					

After 45 hours, all majors must earn and maintain a 2.5 GPA in order to be eligible to take any 300 or above level courses from the Department of Physical Education, Sport and Human Performance.

Students should determine by Year 4 if they do not intend to pursue MSAT. In that case the student can complete the BS in EXSC without the ARTN concentration. Candidates should discuss this with an advisor as soon as known.

^ This set of courses will be used in place of EXSC 208, EXSC 231, EXSC 492/493, and HLTH 406.