

Student Name:

Advisor:

Professional Education Sequence—Prior to Admission		
<i>Many courses are offered Fall or Spring only so the student is responsible for planning ahead.</i>		
Sem Year	Course <i>*C or better required</i>	✓
F1 16 hrs	EDUC 101 Observation & Analysis Skills (1)*	
	PETE 101 Intro to Teaching Physical Ed (3)*	
	ACAD 101 Principles of Learning Academy (1)	
	Gen Ed Core (3)	
	Gen Ed/Content Req (3)	
	Gen Ed/Content Req (3)	
	PESH (1)	
S1 15 hrs	EDUC 200 Develop Sci & Poverty (3)*	
	HLTH 300 Personal & Community Health (3)*	
	Gen Ed Core (3)	
	Gen Ed/Content Req (3)	
	PESH (1)	
	PESH (1)	
	PESH (1)	
<i>Meet Testing Requirement before F2 or EDUC191 Required</i>		
F2 15 hrs	EDUC 220 Assessment Diverse Needs (2)*	
	PETE 202 Concepts of Fitness & Exercise (2)*	
	PETE 234 Teaching Invasion Games (2)*	
	PETE 247 Target & Striking/Fielding (2)*	
	Gen Ed Core (3)	
<i>Complete Admission to Teacher Education</i>		
S2 17 hrs	EDCO 201 ELLs in Gen Ed Classrooms (2)*	
	EDCO 202 Exceptional & Gifted Learners (2)*	
	PETE 223 Adventure Facilitation & Lead (2)*	
	PETE 248 Teaching Net/Wall Games (2)*	
	PETE 271 Technology in Physical Ed (3)*	
	PETE 512 Skill & Movement (3)*	
<i>Complete Admission to Teacher Education</i>		
PETE 590 Assessment in Physical Ed (3)*		

Cultural Events Tracker <i>Complete BEFORE Internship I</i>			
Year	Fall	Spring	Yearly Goal
1			8
2			5
3			5

Professional Education Sequence—After Admission		
<i>Many courses are offered Fall or Spring only so the student is responsible for planning ahead.</i>		
Sem Year	Course <i>*C or better required</i>	✓
F3 14 hrs	PETE 550 Adapted Physical & Sport (3)*	
	EDCO 305 Tech Inclusive Classroom (2)*	
	HLTH 434 Teaching Health K-12 (3)*	
	PESH 381 Research Methods (3) – <i>Gen Req</i>	
	PESH 242 Motor Learning & Control (3)	
<i>Internship I Application due February</i>		
S3 17 hrs	EDCO 350 Inclusive Classroom Climate (3)*	
	PETE 566 Elementary Phys Ed Methods (3)*	
	PETE 310 Diversity Issues in Physical Ed (2)*	
	READ 346 Content Reading & Writing (3)*	
	EXSC 382 Biomechanics (3)	
<i>Gen Ed/Content Req (3)</i>		
<i>State Application and Finger printing due June 15 Praxis Subject Assessment taken & passed by Oct 31</i>		
F4 13 hrs	EDUC 401 Internship I: Contextual Factors (1)	
	PETE 591 Secondary Phys Ed Methods (3)*	
	Gen Ed/Content Req (3)	
	Gen Ed/Content Req (3)	
S4 13 hrs	EDUC 402 Internship II: Assessment & Instruction (9)	
	EDUC 410 Education in a Democracy (2)*	
	PETE 490 Seminar in Physical Education (2)*	

Additional Requirements	
<i>Accommodations will be made for teacher candidates with documented physical disabilities.</i>	
Achieve and maintain the healthy zones in aerobic capacity (1 ½ mile run), muscular strength (push-ups), muscular endurance (curl-ups) as measured by the Air Force Fitness Test, and flexibility (sit & reach) as measured by Fitnessgram.	
Demonstrate the six fundamental movement skills at the proficiency level as measured by departmental rubrics.	

Content Preparation and General Education	
<i>All coursework in this section must be completed before Internship I experience.</i>	
Gen Ed Core	✓
Taken in Order & Completed by 75 credit hours <i>(C- or better required to progress)</i>	
WRIT 101 Composition (3)	
HMXP 102 The Human Experience: Who Am I? (3)	
CRTW 201 Critical Reading, Thinking, & Writing (3)	
Gen Ed/Content Req – See approved list	✓
Quantitative Skills (3)	
Earth/Physical Science (3)	
Life Science Course w/ Lab (4)	
Constitution/Historical Perspective (3)	
Humanities & Arts (3)	
Humanities & Arts (3)	
Social Sciences (3)	
Global Perspective (3)	
PESH coursework/categories in recommended order	✓
<i>See details on page 2</i>	
PESH 102 Weight Training (1)	
PESH 100-level ACTIVITY: Fitness & Conditioning (1)	
PESH 201 First Aid & CPR (1)	
PESH 100-level ACTIVITY: Aquatic Sports & Activities (1)	
PESH 100-level ACTIVITY: Outdoor Activities (1)	

General Advising Topics	
Academic Success Center	
2.5 GPA by end of year 1	
2.75 GPA by end of year 2	
Check Winthrop email	
Deadlines & Course Fee Overview	
Dispositions	
Follow College & Student Academic Services on Twitter	
Interim Grades	
Meeting Testing Requirement before year 2	
Professionalism in Field Courses	
Study Abroad options (short-term and semester-long)	
DegreeWorks Planner for digital record	
Use of S/U and Repeat Options	
Nature of Internship II semester and Prereqs	

Fitness & Conditioning	Aquatic Sports & Activities	Outdoor Activities
PESH 101 Aerobic Walking	PESH 120 Beginning Swimming	PESH 152 Basic Archery Instructor (NASP Cert)
PESH 103 Cardio Kick	PESH 123 Water Aerobics	PESH 160 Global Games
PESH 105 Yoga	PESH 124 Lifeguard Training (2 hr)	PESH 165 Geocaching
PESH 106 Pilates	PESH 125 Water Safety Instructor (2 hr)	PESH 166 Beginning Snow Skiing
PESH 107 Fitness-Core Stability	PESH 128 Scuba Diving	PESH 167 Intermediate Snow Skiing
PESH 108 Aerobic Dance	PESH 129 Advanced Scuba	PESH 168 Beginning Rock Climbing
PESH 115 Beginning Running	PESH 130 Scuba Diver Rescue	PESH 170 Beginning Kayaking
PESH 150 Martial Arts	PESH 131 Dive Leader	PESH 172 Rafting, Camping, Backpacking
	PESH 134 Water Polo	PESH 174 Mountain Biking