

DEGREE PLANNING SHEET
Athletic Training Major

Richard W. Riley College of Education
Department of Physical Education, Sport and
Human Performance

| FRESHMAN | | | | | |
|--|---|--------------------|---------------------|-------------------|--------------|
| FALL SEMESTER | | | | | |
| COURSE | DESCRIPTION | S.H. CREDIT | DATE PLANNED | TERM TAKEN | GRADE |
| MATH 150 | Quantitative Methods | 3 | | | |
| ACAD 101 or elective | Principles of Learning Academy | 1 | | | |
| WRIT 101 | Composition | 3 | | | |
| HLTH 300 | Personal & Community Health | 3 | | | |
| PSYC 101 | General Psychology | 3 | | | |
| PHED 267 | Weight Training | 1 | | | |
| ATRN 151 | Foundations of Athletic Training | 3 | | | |
| | GPA _____ | 17 | | | |
| SPRING SEMESTER | | | | | |
| CSCI 101 | Introduction to Computers | 3 | | | |
| CHEM 101 OR PHYS 101, 102 | Applying Chemistry to Society OR Everyday Physics & Lab | 3 3,1 | | | |
| NUTR 221 | Human Nutrition | 3 | | | |
| HMPX 102 | Human Experience: Who Am I? | 3 | | | |
| PHED 361 | First Aid & CPR | 1 | | | |
| HIST 211 | US History to 1877 | 3 | | | |
| ATRN 152* | Foundations of Athletic Training Lab | 1 | | | |
| | Cumulative GPA _____ | 17 or 18 | | | |
| SOPHOMORE | | | | | |
| FALL SEMESTER | | | | | |
| BIOL 307 | Human Anatomy | 4 | | | |
| CRTW 201 | Critical Reading, Thinking & Writing | 3 | | | |
| SPCH 201 | Public Speaking | 3 | | | |
| ATRN 361 | Advanced Emergency Care | 2 | | | |
| ATRN 310 | Assessment of Athletic Injuries & Illnesses: Lower Extremity | 2 | | | |
| ATRN 311 | Lower Extremity Assessment Lab | 1 | | | |
| ATRN 201 | Clinical Observation in AT | 1 | | | |
| | Cumulative GPA _____ | 16 | | | |
| FORMAL ADMISSION TO ATHLETIC TRAINING PROGRAM | | | | | |
| SPRING SEMESTER | | | | | |
| BIOL 308 | Human Physiology | 4 | | | |
| PHED 382 | Kinesiology | 3 | | | |
| ATRN 320* | Assessment of Athletic Injuries and Illnesses: Upper Extremity | 2 | | | |
| ATRN 321* | Upper Extremity Assessment Lab | 1 | | | |
| ATRN 350* | Therapeutic Modalities for Athletic Training | 2 | | | |
| ATRN 351* | Therapeutic Modalities Lab | 1 | | | |
| ATRN 202 | Clinical Experiences in AT I | 2 | | | |
| | Cumulative GPA _____ | 15 | | | |

JUNIOR**FALL SEMESTER**

| COURSE | DESCRIPTION | S.H. CREDIT | DATE PLANNED | TERM TAKEN | GRADE |
|-------------------|--|-------------|--------------|------------|-------|
| PHED 384 | Exercise Physiology | 3 | | | |
| PHED 385 | Exercise Physiology Lab | 1 | | | |
| Humanities & Arts | | 3 | | | |
| ATRN 563* | Medical Aspects of Sport | 3 | | | |
| ATRN 330* | Assessment of Athletic injuries and Illnesses: Head, Trunk & Spine | 2 | | | |
| ATRN 331* | Head, Trunk, Spine Assessment Lab | 1 | | | |
| ATRN 381* | Advanced Taping Lab | 1 | | | |
| ATRN 301 | Clinical Experiences in AT II | 2 | | | |
| | Cumulative GPA | 16 | | | |

SPRING SEMESTER

| | | | | | |
|-----------|---|-----------|--|--|--|
| PHED 242 | Motor Learning & Control | 3 | | | |
| PHED 401 | Sport Psychology | 3 | | | |
| PHED 465 | Strength & Conditioning | 2 | | | |
| ATRN 450* | Therapeutic Exercise and Rehabilitation for Athletic Training | 2 | | | |
| ATRN 451* | Therapeutic Exercise Lab | 1 | | | |
| ATRN 510* | Pharmacology & Drug Education | 3 | | | |
| ATRN 302 | Clinical Experiences in AT III | 2 | | | |
| | Cumulative GPA | 16 | | | |

SENIOR**FALL SEMESTER**

| | | | | | |
|-----------------------------------|---|-----------|--|--|--|
| Humanities & Arts OR Selective | | 3 | | | |
| PHED 381 | Philosophy & Principles of Human Movement | 3 | | | |
| PHED 480* | Exercise Testing & Prescription | 3 | | | |
| ATRN 480* | Capstone in Athletic Training | 3 | | | |
| ATRN 401 | Clinical Experiences IV | 3 | | | |
| | Cumulative GPA | 15 | | | |

SPRING SEMESTER

| | | | | | |
|-----------------------------------|------------------------|-----------|--|--|--|
| Humanities & Arts/Social Sciences | | 3 | | | |
| Global Perspectives | | 3 | | | |
| Selective OR Humanities & Arts | | 3 | | | |
| Social Science | | 3 | | | |
| ATRN 402 | Clinical Experiences V | 3 | | | |
| | Cumulative GPA | 15 | | | |

Selective list:

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|---------------------------|-------------------|
| NUTR 520--Sport Nutrition | (3) - Fall/Spring |
| EXSC 485--Ex Phys II | (4) - Spring |
| EXSC 511--Aging | (3) - Fall |
| PHED 276--Facility Mgmt | (3) - Fall |
| PHED 510--Financial Mgmt | (3) - Fall |
| PHED 525--Risk Management | (3) - Spring |

OVERALL ATHLETIC TRAINING DEGREE REQUIREMENTS

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|---|--|--------------|-------------|--------------|-------------|-------------|--------------|-------------|-------------|--------------|-------------|--------------|--------------|-------------|--------------|--------------|-------------|--------------|--------------|
| <p>Critical Skills (15 hrs) WRIT 101 (3) _____ CRTW 201 (3) _____ MATH 150 (3) _____ CSCI 101 (3) _____ SPCH 201 (3) _____</p> <p>Skills for a Common Experience Across Disciplines (3 hrs) HMXP 102 (3) _____ HIST 211 (0) _____ Constitution</p> <p>Intensive Writing Skills (3 hrs) PHED 381 (3) _____</p> <p>Freshman Experience (1 hr) ACAD 101 (1) _____</p> | <p>Natural Sciences (7 hrs)* NUTR 221 (3) _____ Chemistry or Physics (4) _____ Course # _____ (see approved list)</p> <p>Social Science Perspective (6-9 hrs) PSYC 101 (3) _____ _____ (3) _____</p> <p>* CHOOSE FROM AT LEAST TWO DESIGNATORS If 9 hours are NOT taken in Humanities and Arts, select an additional 3 hours. _____ (3) _____</p> <p>Historical Perspective (3 hrs) HIST 211 (3) _____</p> <p>Global Perspective (3 hrs) _____ (3) _____</p> | | | | | | | | | | | | | | | | | | |
| <p>Humanities and Arts Perspective (6-9 hrs) _____ (3) _____ _____ (3) _____</p> <p>* CHOOSE FROM AT LEAST TWO DESIGNATORS If 9 hours are NOT taken in Social Science, select an additional 3 hours. _____ (3) _____</p> | <p>Cultural Event Requirements</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <td>CE 1</td> <td>CE 7</td> <td>CE 13</td> </tr> <tr> <td>CE 2</td> <td>CE 8</td> <td>CE 14</td> </tr> <tr> <td>CE 3</td> <td>CE 9</td> <td>CE 15</td> </tr> <tr> <td>CE 4</td> <td>CE 10</td> <td>CE 16</td> </tr> <tr> <td>CE 5</td> <td>CE 11</td> <td>CE 17</td> </tr> <tr> <td>CE 6</td> <td>CE 12</td> <td>CE 18</td> </tr> </table> | CE 1 | CE 7 | CE 13 | CE 2 | CE 8 | CE 14 | CE 3 | CE 9 | CE 15 | CE 4 | CE 10 | CE 16 | CE 5 | CE 11 | CE 17 | CE 6 | CE 12 | CE 18 |
| CE 1 | CE 7 | CE 13 | | | | | | | | | | | | | | | | | |
| CE 2 | CE 8 | CE 14 | | | | | | | | | | | | | | | | | |
| CE 3 | CE 9 | CE 15 | | | | | | | | | | | | | | | | | |
| CE 4 | CE 10 | CE 16 | | | | | | | | | | | | | | | | | |
| CE 5 | CE 11 | CE 17 | | | | | | | | | | | | | | | | | |
| CE 6 | CE 12 | CE 18 | | | | | | | | | | | | | | | | | |