



Athletic Training

Winthrop Coliseum Emergency Action Plan

Volleyball, Men's Basketball, Women's Basketball, Athletic Training Room & Strength and Conditioning

1. The certified athletic trainer will assess the situation for medical needs. With the help of athletic training students, athletic administration and campus police, the certified athletic trainer is responsible for controlling the scene until EMS arrives.
2. In the case of a medical emergency requiring EMS or Paramedic Assistance **CALL CAMPUS POLICE (803-323-3333) or ext. 3333 from campus phones. A police officer may be present at games and should be contacted to activate EMS.**
3. There are **2 AEDs** in the coliseum: One AED is in the athletic training room in the top shelf of the gray filing cabinet next to the cubicle; Second AED is just inside the door of the storage room at the south arena entrance.
4. If you are the one contacting Campus Police, provide the necessary information:
 - i. Name, address, phone number of caller (you).
 - ii. The situation presented and the condition of the athlete.
 - iii. Any first aid treatment or care given.
 - iv. Directions as needed to locate the Coliseum.
 - v. Other info as requested by the dispatcher.
 - vi. **DO NOT HANG UP FIRST! LET EMS HANG UP FIRST!**
5. The use of the following hand signals will expedite care:
 - i. To activate EMS (to call or have them enter field of play if already present) – tap head
 - ii. To ask for an AED – fist up
 - iii. To request the spine board – arms out straight
 - iv. To request the splint bad – cross arms over chest
6. Upon arrival of EMS, provide pertinent patient information and have insurance information available:
 - i. Method of Injury
 - ii. Vitals
 - iii. Treatment Rendered
 - iv. Medical History
7. Assist Emergency Care as needed.
 - i. Obtain medical history and insurance information
 - ii. Sports medicine staff should accompany the student athlete to the hospital if available (ATS/ATC) or a Winthrop University Representative (Assistant Coach).
 - iii. Notify other sports medicine staff, administrators and coaches as needed.
 - iv. Complete appropriate injury/accident reports.
8. Opposing Team Coverage: In the event the opposing team does not bring an ATC, we can provide First Aid or any other treatment we determine necessary with the opposing team's prior consent in practice or at game time. If the opposing team brings a student athletic trainer in lieu of a certified, we can assist him or her with first aid or any other necessary treatments if they ask for assistance.

Emergency Contact Numbers:

Campus Police	(803) 323-3333	Amber Radtke, ATC	(803) 280-5705
911 from Campus Phone	x3333	Eby Krebs, ATC	(803) 370-8441
Jeff Lahr, Head Athletic Trainer	(803) 242-1770	Seth Faulkner, ATC	(740) 506-4358
Daniel Lundy, ATC	(803) 367-2513		
Coliseum Athletic Training Room	(803) 323 – 2129 ext. 6630 or ext. 6632 or ext. 6614		
Baseball Athletic Training Room	(803) 323 – 2129 ext. 6257		

In the case of emergencies when a certified athletic trainer is not present, please follow the guidelines below:

Concussions: If there is a loss of consciousness **DO NOT MOVE THE ATHLETE! Activate EMS (call campus police @ 803-323-3333)**. Have someone assist you in keeping the area clear and monitor the athlete's vitals until EMS arrives. If the athlete were to regain consciousness before EMS arrives keep them calm and do not allow them to move.

Cardiac Arrest: Activate EMS (call campus police @ 803-323-3333). Keep the scene clear. If trained in CPR, assess vitals and initiate CPR as needed. **Send someone to get the AED from the athletic training room or south storage room** and follow the instructions to administer. Continue to follow the instructions of the AED until EMS arrives.

Respiratory Distress: If the athlete has their own inhaler and is able to administer it themselves encourage them to do so. **If they are unable to or they are not breathing, activate EMS (call campus police @ 803-323-3333)**. **Send someone for an AED** just in case it is needed. If you are trained in CPR, initiate rescue breathing and continue to monitor symptoms until EMS arrives.

Sickle Cell Trait Collapse: If someone who is positive for the sickle cell trait and experiencing any of the following symptoms: acute chest pain, difficulty breathing, pain in arms, legs, chest or abdomen, and/or signs of stroke, remove them from participation immediately. **Activate EMS (call campus police @ 803-323-3333)**. **Send someone to get the AED** just in case it is needed. Monitor symptoms until EMS arrives.

Pre Event Checklist:

- **Preparation:** Ensure that all emergency equipment is readily available and in proper working order
ie: vacuum splints, crutches, ice, cell phone, radio, emergency information folder
- **Communication:** Identify emergency phone locations (cell, campus, or pay)
- **Facilitation:** Identify emergency personnel (MD/campus police/EMS -if onsite), introduce yourself, and find out where they will be positioned. Review signals, and discuss plans in event of emergency.
- **Familiarization:** Be aware of athletes with a pre-existing condition and potential health hazards.

Emergency Locations:

Piedmont Medical Center (Hospital)
222 South Herlong Avenue
Rock Hill, SC 29732
Main Operator (803) 329-1234
Emergency Admission (803) 329-6850

Riverview Medical Center (24-hr Urgent Care)
1393 Celanese Road
Rock Hill, SC 29732
(803) 329 - 3103

Piedmont Urgent Care- Sutton Road (open until 8 p.m.)
515 River Crossing Dr, Fort Mill, SC 29715
Phone:(803) 578-2800