Icebreaker Tips

• Pick icebreakers that fit the occasion (getting to know you games, name games, wake 'em up from a deep sleep games...).

• Make sure that you can clearly communicate how the icebreaker is done. This saves time and avoids confusion.

• Write your icebreakers (with summarized instructions) on note cards and keep them with you. This will help you in case you have a mental lapse. Also, always have back ups in case some happen to flop.

• Give the icebreaker time to work. If it fails, do not be afraid to move on.

• Involve everyone and have a good time, but make sure that you always remain in control. You may have some students who want to take over.

• At the end of each icebreaker, have a short evaluation to get feedback.