

# Exercise Science

## Essential Classes

**DO NOT REMOVE FROM SCHEDULE**

- ACAD 101 (1 credit)

## Target Courses

**DO NOT REMOVE IF IN YOUR SCHEDULE**

**Not all students will take these this semester**

- EXSC 101
- PESH 102
- HLTH 300

## **Other common classes:**

*Although you will not have all of these, they are recommendations to keep you on track for on-time graduation!*

*Target hours: 14 to 16 credits*

- CSCI 101 + 3 labs
- WRIT 101 or HMXP 102
- HIST 211 / 212
- PESH 201
- Humanities and Arts (options vary)
- MATH