







All you need is love.







Director's Message

Hello Families,

It is so hard to believe it is already February! Where does the time go? The children have gotten back into the swing of our routine and are thriving. I wanted to take a moment and truly thank each family for being so incredibly supportive. We have an outstanding learning community. Thank you for all you do!

Mrs. Sanders

Upcoming Dates

Friday, February 16th From 8:30-10:00am-"Self Love" Parent Education and Engagement Event

Monday, February 19th - No School (Professional Development)

Thursday, March 7th at 6pm-Speech and Language Parent Education Session (zoom)

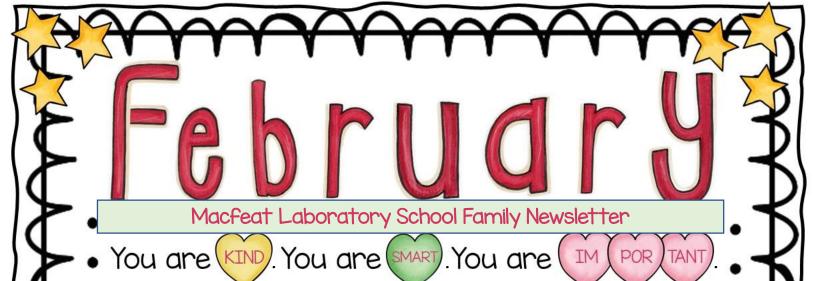
April & - 5th -Spring Break (Macfeat Closed)

COVID-19 and Infectious Diseases

The season of illness is upon us again so I ask parents and caretakers to please be extra vigilant when monitoring and responding to symptoms of illness. We have had cases of COVID reported as well as many other viruses so please be extra attentive to help reduce the spread of infectious diseases.

Please remember your child must be fever-free and any stomach issues should be resolved for a duration of 24 hours without the use of medication to return to school. As you are navigating this peak in the season of illnesses, please utilize the CDC link below to read additional guidance and there is also a great calculator feature on the website that I frequently use to determine the next steps and calculate timelines for the course of actions when exposed or testing positive for COVID-19. https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html

Thank you so much for your support in keeping our school community healthy and thriving!



"Self-Love: Loving Our Bodies and Minds"

We invite you to join us on Friday, February 16th from 8:30-10 am in the Gym for a parent education and engagement session! The session is titled "Self-Love: Loving Our Bodies and Minds" and will focus on strategies to support children's social and emotional development and activities to promote physical movement and emotional wellness.

I am excited to collaborate with Physical Education Program Director, Dr. Jared Androzzi and Athletic Training Professor, Dr. Jen Wetzel for this event!

The first part of the session will include parent education focusing on the social and emotional developmental milestones, common scenarios resulting in emotional dysregulation, and aligned strategies to support these age-appropriate occurrences. Specific topics include:

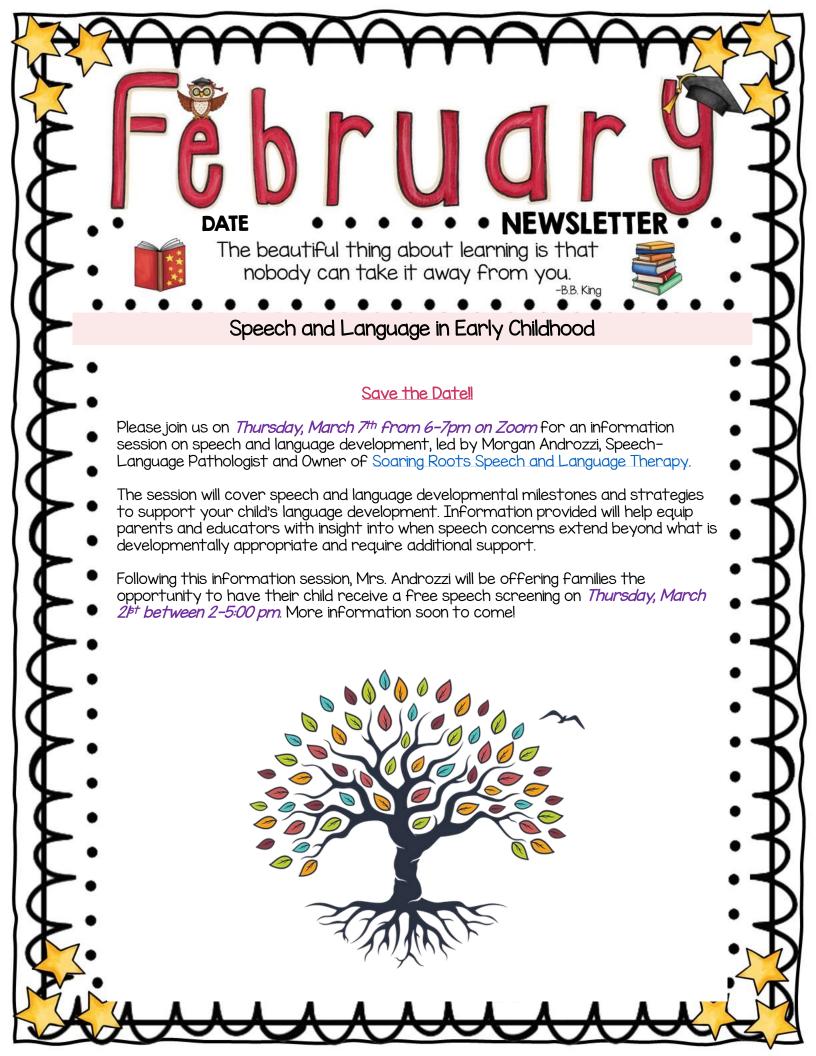
- Importance of Routines
 - Separation Anxiety
 - When your child will not accept "No"
 - Self-regulation and calming strategies

The second part of the session includes parent engagement, and your child will join you and participate in various mindfulness and physical movement activities to support emotional regulation and well-being! Come ready to engage in deep breathing, meditation, yoga and more!

Please RSVP by Wednesday, February 14th. We hope you can join us!













All you need is love.

-The Beatles









Macfeat Laboratory School's last day of school is May 17th. We recognize many families rely on camps through the summer when we are out of session. In addition, camps tend to fill up very quickly! Therefore, I have provided a few camp opportunities that offer camps to younger children as these can be very challenging to find! Finally, if you have additional camp suggestions and recommendations, please let me know and I will share this information out to families. It takes a community! Thanks!



Small Hands Big Art

In the summer, we offer weekly **Art Camps** with two convenient times to pick from: Morning 9am-12pm or Afternoon 1-4pm.

In 2024, we're excited to also be able to offer three weeks of a FULL DAY Pottery + Art Combo Camp that blends pottery and mixed media art in a fun and engaging camp (June 3-7, June 17-21, and July 22-26).

Summer Camps are for mixed Ages 4-14, with a few special sessions for themes we're particularly excited about, or limited age groups (such as preschool ages)! <u>Summer</u> Camp Enrollment Page





Macfeat Laboratory School Family Newsletter

I like you just the way you are.

-Mr. Rogers

Summer Camps (cont.)





From dump trucks to pets, Barbie, and car wash sensory experiences, there is a camp for all interests and age ranges at AtomzLab. Check out the different camp options in the camp <u>catalog</u> and register using the following <u>link</u>.





Get your child out and moving at Anne Springs Close Greenway summer camps! Different camp offerings are listed in the 2024 Summer Camp Guide.

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MacFeat Laboratory School Family Newsletter

EXPERIENCE THE Joy of Summer DANCE!

Location: 2037 Celanose Rd Rock Hill, SC 29732 Call/ text 803-620-3135



July 15-19

Our camps will include:

- Dancing
- Crafts
- Fun and imagination
- Performance at the end of camp

taylon Swift June 17-24

TAYLOR SWIFT SUMMER CAMP

... June 17-24. 8am-4pm

Calling all Swiftle's!!! Our Taylor Swift Summe Camp is the perfect fusion of creativity, fun, and the iconic beats of Taylor Swift. Let the rhythm of joy and the tunes of Taylor Swift blend into an unforgettable experience.

Deadline Feb. 11 Super early bird: \$278 Deadline April 1 Early bird: \$300 After April 1st \$325

BALLERINA BARBIE SUMMER CAMP

Ballerina Barbie ges 4-12. July 15-19. 8am- 4pm From Barble and the Nutcracker to Barble of

Swan Lake, you're sure to be swept away on this magical adventure. It will be a festival of music and dancing and maybe even a special visit from Rapunzei Barbie!

Deadline Feb. 11 Super early bird: \$275 Deadline April 1 Early bird: \$300 After April 1st \$325

BLUEY SUMMER CAMP

BLUEY July 8-12

12. June 8-12. 9am- 12pm Ready... Set.... Dance Model Get your dancing shoes on, turn up the volume and get ready for a summer adventure! Play along with Bluey as she hops and dances through the day to your favorite Bluey songs!

Deadline Feb. 11 Super early bird: \$125 Deadline April 1 Early bird: \$180 After April 1st \$175

Encanto July 29- Aug 2

ENCANTO SUMMER CAMP July 29- Aug 2, 9am-12pm

This enchanting camp captures the magic of Encantol Are you Waiting on a Miracle? Well, wait no more! Join us and discover your own magic

within! Don't worry, We Don't Talk About Bruno! Deadline Feb. 11 Super early bird: \$125 Deadline April 1 Early bird: \$150 After April 1st \$175

EIGHT-WEEK SUMMER CLASSES

er classes are a great opportunity to see what dance is all about! Sessions are from June 3- August 2. NO CLASSES ON JUNE 13 OR JULY 1-5. Reserve your spot by March 1st to waive the non-refundable deposit!

CLASS	AGES	CLASS DAY & TIME	TUITION
Ballet/ Tap/ Tumble	3-5	Thursdays 4:00- 5:00	\$65
Ballet/ Tap	5-7	Wednesdays 4:00- 5:00	\$65
Ballet	7-11	Mondays 4:00- 4:45	\$55
Acro	7-11	Mondays 4:45- 5:30	\$55
Hiphop	7-11	Mondays 5:30- 6:15	\$55
Ballet	11+	Tuesdays 5:00- 6:30	\$110
Acro	11+	Tuesdays 6:30- 7:30	\$65
Stretch & Strength	11+	Thursdays 5:00- 6:30	\$110
Turns & Leaps	11+	Thursdays 6:30- 7:30	\$65



Reserve Your Spot Today!

Start your summer with our exciting dance camps! Need even more fun? Our eight-week summer classes are a great opportunity to see what dance is all about! Current JDA students can save 10% off summer camps with code "SUMMER10" at checkout. Code expires March 1st.





THURSDAY, FEBRUARY 22

4:30PM - 5:30PM

AGES 5-11 YEARS

Get ready to unleash your creativity and let your imagination run wild with Legos that we have specially provided at the library. So grab your buddies or make new friends and join us for a fun-filled building adventure! Visit yelibrary.org or call (803) 981-5888 to register starting February 8. Limit 30.



Main Library | Rock Hill

138 East Black St., Rock Hill, SC 29730 (803) 981-5888 (P) | yelibrary.org