

February



Macfeat Laboratory School Family Newsletter



All you need is love.

-The Beatles



Director's Message

Hello Families,

It is so hard to believe it is already February! Where does the time go? We have gotten back into the swing of our routine and are thriving. I wanted to take a moment and truly thank each family for being so incredibly supportive. We have an outstanding learning community that I am so very proud of. Thank you for all you do!

Mrs. Sanders

Upcoming Dates

Thursday, March 16th at 6pm-
Macfeat Advisory Board Meeting

Friday, March 17th-No School
(Macfeat & WU Closed)

April 3-7-Spring Break (Macfeat
Closed)

Friday, May 19th-Last Day of School



COVID-19 and Infectious Diseases

The season of illness is upon us again so I ask parents and caretakers to please be extra vigilant when monitoring and responding to symptoms of illness. We have had cases of COVID reported as well as many other viruses so please be extra attentive to help reduce the spread of infectious diseases.

Please remember your child must be fever free and any stomach issues should be resolved for a duration of 24 hours without the use of medication to return to school. As you are navigating this peak in season of illnesses, please utilize the CDC link below to read on additional guidance and there is also a great calculator feature on the website that I frequently use to determine next steps and calculate timelines for course of actions when exposed or testing positive for COVID-19.

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/isolation.html>

Thank you so much for your support in keeping our school community healthy and thriving!



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You are  KIND. You are  SMART. You are  IM  POR  TANT.

Parent Facebook Group

Did you know MacFeat Families have access to a private parent page on Facebook called **MacFeat Parent Community**? This is a **private group** for current parents and should not be shared publicly. Please request access to this group to receive additional information specific to our current Families and teachers using the link.

<https://www.facebook.com/groups/2006405549616959>



This Facebook page will be used to:

1. Share Summer Camp Information-

MacFeat Advisory Board Vice-President, Keri Cauthen, will be using this social media page as a tool for sharing information of great relevancy to families including upcoming summer camp information. If you have suggestions for summer camps please share this with Mrs. Cauthen by e-mailing her at keri.cauthen@gmail.com and she will communicate this camp information to all families using the **MacFeat Parent Community** Facebook Group.

2. Plan Gatherings-

For the first semester, we tackled the significant goal of bringing families back into the school through events including the Community Carnival and Family Luncheon & Gathering. Feedback has been provided and I am in full agreement that as a school community we need to consider some alternative methods for connecting as we enter the second half of the year such as meetings at the park or other parent suggested activities. This page can be an avenue for planning gatherings in the community.

3. Babysitting Needs and Opportunities-

Teachers have also been invited to the page and can share their babysitting opportunities on the page and you can also request needs using this resource.

4. Sharing of Information-

You never know what question you may have and who has the answer! Dance or karate lesson suggestions. Information about a local event in the community. Donations and more! Use this Facebook page to connect!

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Over the past month we have been exploring our emotions with our social and emotional curriculum initiative. Around the school and within the classrooms you should have observed many new books, instructional materials, and evidence of learning to identify emotions and develop strategies to self-regulate these varying emotions.

In addition to these newly added classroom resources, please check in the main hallway outside the office area and around Ms. Miller-Burton's classroom for some bulletin boards of information and additional areas with social and emotional resources to explore with your child!

Come check out "The Energy Bus" books. Read more about these texts on the next page...



Family Lending Library



Family Lending Library

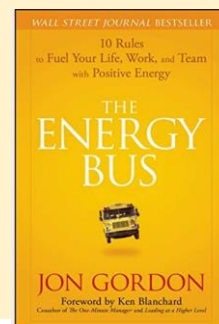
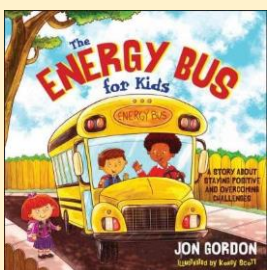
Looking for some new books to read at home? Browse the newly added social and emotional books in our family lending library. Please be sure to sign out the text and return it in a timely manner so all families can enjoy! Thank you and happy reading!

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Social and Emotional Learning Initiative

Our social and emotional study is well in motion and as an entire school community we are working towards developing our emotional wellness. The College of Education and all of the Macfeat teachers are taking part in a book study using the text "The Energy Bus" by Jon Gordon. We have participated in small groups focusing on these 10 rules to fuel your life and have even extended this book study into our classrooms at Macfeat. There is also a children's version of the text titled "The Energy Bus for Kids" and also includes a set of rules to live by, but this list is reduced to 5 rules in child-friendly language.

On the cubbies right outside the school office you can come and check out the adult and children's version of the text in addition to the poster for the aligned rules for the ride of your life!



5 RULES FOR THE Ride of My Life

1 CREATE A POSITIVE VISION

2 FUEL YOUR RIDE
WITH POSITIVE ENERGY

3 NO BULLIES ALLOWED

4 LOVE YOUR PASSENGERS

5 ENJOY THE RIDE

10 RULES FOR THE RIDE OF YOUR LIFE

1. You're the Driver of the Bus.
2. Desire, Vision and Focus move your bus in the right direction.
3. Fuel your Ride with Positive Energy.
4. Invite People on Your Bus and Share your Vision for the Road Ahead.
5. Don't Waste Your Energy on those who don't get on your Bus.
6. Post a Sign that says "No Energy Vampires Allowed" on your Bus.
7. Enthusiasm attracts more Passengers and Energizes them during the Ride.
8. Love your Passengers.
9. Drive with Purpose.
10. Have Fun and Enjoy the Ride.



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College of Education Course Collaborations

One major perk of being a Laboratory School is the remarkable collaborations we are able to do with the University. One exciting new collaboration recently established includes the course READ 290: Children's Literature with Dr. Sigmon. I used to teach this course and have great insight into the curriculum. Using this knowledge, Dr. Sigmon's READ 290 class and the children of Macfeat teamed up to celebrate writing through "Celebrating Author's Day" this past week.

One of the major course assignments requires college students to write and illustrate their own children's picturebook. Students brought these books to the children of Macfeat and read their stories. To add to the experience for our Macfeat children, they too brought a piece of writing and proudly shared their writing and together the children and college students celebrated being authors!



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I like you just the way you are.

-Mr. Rogers



READ 290 Course Collaboration
"Celebrating Author's"

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The beautiful thing about learning is that nobody can take it away from you.

-B.B. King



Early Learning Partnership of York County

Are you familiar with the Early Learning Partnership of York County and their vision and mission?



Vision

Young children in York County enter school ready to learn.

Mission

ELP mobilizes people, leverages resources, and empowers social, emotional and early literacy programs that help prepare children, birth to age 5, for school success.

Our very own Macfeat Advisory Board Member, Teresa Creech, is the Executive Director of ELP housed in 144-F Withers Building and a tremendous resource to our local York County and Macfeat school community. I encourage you to read more about these significant programs the ELP provides <https://elpofyorkcounty.org/programs/>.

In addition, the ELP Facebook page provides many highly suggested articles for your reference and can be accessed using the link <https://www.facebook.com/elpofyorkcounty.org/>.



Come See Me Festival Parade

Save the date for the Come See Me Festival Parade on Thursday, April 13th at 6:30pm. Macfeat families will have the option to participate in the parade! Students will make instruments to bring to the parade and we will have a central meeting point where children will receive a popsicle as a reward for their walk through the parade and to conclude this exciting community event. Please save the date on your calendars and we hope you can join us! Additional information soon to come...



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ParentSMART offers training sessions for families at the Sylvia Circle Family Learning Center in Rock Hill, SC. The schedule for the remainder of the year is attached in addition to a link to access the main website for additional information and to register.

<https://www.rock-hill.k12.sc.us/domain/1141>



ParentSMART

2022-2023

PACT

2nd Semester Schedule



DATE	DOMAIN	TITLE	TIME
January 19	Gross Motor Development	 Winter Yoga	9:15 AM
February 16	Cognitive Development	 Dental Health	9:15 AM
March 23	Fine Motor Development	 Dr. Seuss	9:15 AM
April 20	Gross Motor Development	 Spring Yoga	9:15 AM
May 4	Social Emotional Development	 Summer Fun Sports	9:15 AM