

Fresha Mann

Rock Hill, SC | 803-323-2141 | mannf@mailbox.winthrop.edu

EDUCATION

Bachelor of Arts in Psychology

Expected May 2029

Winthrop University, Rock Hill, SC

- Minor: International Studies
- Honors and Awards: LIFE Scholarship Recipient

High School Diploma

May 2025

Rock Hill High School, Rock Hill, SC

GPA: 3.7

- Honors and Awards: National Honor Society, Dean's List

LEADERSHIP AND INVOLVEMENT

Psychology Club President

August 2024 – May 2025

Rock Hill High School, Rock Hill, SC

- Collaborated with a team of 20+ members to bring awareness to monthly mental health awareness campaigns.
- Initiated a school-wide mental health week, impacting over 500+ students.
- Managed the club's social media presence on Instagram to promote events.
- Planned and facilitated discussions surrounding psychological topics and current trends in the field.

TRiO Achievers Program Member

August 2025 – Present

Winthrop University, Rock Hill, SC

- Meet monthly with counselor for goal setting and academic advising, improving self-development.
- Participate in financial literacy and career readiness programming and leadership development activities.
- Volunteer with Adopt-A-Highways to aid in cleaning up litter along South Carolina highways.

EXPERIENCE

Team Member

May 2023 – Present

Chick-fil-A, Rock Hill, SC

- Greet customers entering establishment, providing them with excellent and timely customer service.
- Address customer concerns through actively listening, providing information, and resolving complaints.
- Accept payments using point of sale system to accurately issue receipts, refunds, and change to patrons.

Babysitter

June 2022 – Present

Self Employed, Rock Hill, SC

- Supervise children from age 2 to 8 as needed for neighbors, friends, and family.
- Communicate concerns with parents and collaborate on how to promote desirable behavior as needed.

Lifeguard

May 2024 – August 2024

YMCA, Rock Hill, SC

- Patrolled pool to ensure swimmers engaged in safe activities while in the recreational area.
- Rescued swimmers as needed using CPR, rescue techniques and proper equipment.

SKILLS

- Microsoft Word, PowerPoint, Excel
- Intermediate Spanish
- CPR Certified
- Ability to communicate effectively
- Capable of being a team player
- Effective at adapting and problem solving