

PROFESSIONAL OPPORTUNITIES WEEK



“Fearless Living in an Age of Anxiety”

Student Professional Development Conference
Tuesday, March 5, 2019
8:30 a.m. – 1:30 p.m.

The Conference will begin at 8:30 a.m. with Registration and Continental Breakfast (MacFeat).

(Please check each session you plan to attend)

Conference

Track I Live In-Person (Vivian M. Carroll Hall-Whitton Auditorium)

- 9:00 - 9:50 Anxiety is Like a Rocking Chair, It Keeps You Moving But Gets You No Where
- 10:00 - 10:50 Life is Ten Percent What You Experience and Ninety Percent How You Respond
- 11:00 - 11:50 Smile, Breathe and Go Slowly: Strategies to Break the Fear Barrier

Track II – Webinar (Online Only)

- 9:00 - 9:50 You Can't Control What Goes on Outside But You Can Control What Goes on Inside
- 10:00 - 10:50 Anxiety Does Not Empty Tomorrow of Its Sorrows, But Only Empties Today of its Strength
- 11:00 - 11:50 Scared Is What You're Feeling, Brave Is What You're Doing

12:00 Plenary Luncheon (DiGiorgio Campus Center-Banquet Hall) – Nothing Diminishes Fear Faster Than Courageous Action” Keynote Speaker – Mike Almeyda, F3 Performance Group, Charlotte, NC, Entrepreneurship, Executive Coach, Business Coach

This event is free to all CBA students, administrators and faculty; however, registration is required for the workshops and keynote luncheon.

Do you plan to attend the luncheon and keynote address as part of a student organization, class or group?

- Individual (will be seated at general seating)
- Group Table ___Alpha Kappa Psi ___Beta Alpha Psi ___BADM 180 ___MGMT 355 ___MGMT 481
___SHRM ___SIFE ___SPD ___STARS ___SBDC ___CBA Student Services ___ Other

Name/Organization: _____

Address: _____

Telephone: _____ Email: _____

- Student Faculty _____ Number of Attendees Major: Business Other

For More Information or Questions visit the website: <http://cba.winthrop.edu/spdev/> burgessb@winthrop.edu

Return completed registration forms to: Dr. Barbara Burgess-Wilkerson, Thurmond 429 or burgessb@winthrop.edu