

DEGREE CHECKLIST (College of Arts and Sciences)

2026-2027 Catalog

NAME

ID#

MAJOR B.S. — HEALTH SCIENCES

GENERAL EDUCATION REQUIREMENTS (35-39 semester hours)			MAJOR COURSES (57 semester hours)					
	Check	Hrs.	Course & No.	Hrs.	Check	Course & No.	Hrs.	Check
ACAD 101 (Required of first-time freshmen only)	_____	1	HSCI 101	(1)	_____	HSCI 501	(3)	_____
Writing and Critical Thinking:			HSCI 223	(3)	_____	BIOL 213 or 307	(4)	_____
WRIT 101 (grade of C- or better is required)	_____	3	HSCI 227	(1)	_____	BIOL 214 or 308	(4)	_____
HMXP 102 (grade of C- or better in WRIT 101 is required)	_____	3	HSCI 300	(3)	_____	BIOL 220/222	(4)	_____
CRTW 201 (grade of C- or better in HMXP 102 is required)	_____	3	HSCI 380	(3)	_____	CHEM 201 or 211	(4)	_____
Oral Communication (met in major with HSCI 428)		0	HSCI 406	(3)	_____	HCMT 200	(3)	_____
Technology (see approved list)			HSCI 428	(3)	_____	MATH 241	(3)	_____
	_____	3	HSCI 490	(3)	_____	PSYC 101	(3)	_____
Intensive Writing (met in major with WRIT 465)		0	HSCI 494	(3)	_____	WRIT 465	(3)	_____
Constitution-Founding Documents Req. (see approved list; may be met by other req.)			HSCI 500	(3)	_____			
	_____	0-3	Choose one of the following minors: Biology, Chemistry, Child and Youth Well-Being, Exercise Science, Gerontology, Health, Healthcare Management, Human Nutrition, Mass Communication and New Media, Sociology, Spanish for Law and Helping Professions, Political Science, Psychology, Social Welfare, Sustainability, or Writing (Professional Emphasis)					
Physical Activity (see approved list)		1						
Global Perspectives (see approved list)		3	Requirements for minor (15-18 semester hours) _____					
	_____		Course & No.	Hrs.	Check	Course & No.	Hrs.	Check
Historical Perspectives (see approved list)		3	_____	()	_____	_____	()	_____
	_____		_____	()	_____	_____	()	_____
Social Science (see approved list; must include 2 designators)		3	_____	()	_____	_____	()	_____
	_____	3	_____	()	_____	_____	()	_____
	_____	3	_____	()	_____	_____	()	_____
Humanities and Arts (see approved list; must include 2 designators)			ELECTIVES (0-10 semester hours)					
	_____	3	_____	()	_____	_____	()	_____
	_____	3	_____	()	_____	_____	()	_____
Quantitative Skills (see approved list)			_____	()	_____	_____	()	_____
	_____	3-4	NOTES					
Natural Science (met in major with CHEM 201 & BIOL 220/222)		0	1. Unless stated otherwise, a single course may not be used for more than one General Education requirement or in a major and a minor.					
			2. All Arts and Sciences majors require a minimum of 39 hours in courses numbered above 299.					
			3. Attendance at three cultural events is required for each 20 hours completed in residence at Winthrop. Note exceptions in the undergraduate catalog.					
			4. Designators that differ only for the purpose of theory and application will be considered the same designator.					
			5. Students should complete WRIT 101, HMXP 102 and CRTW 201 with a C- or better early in their academic careers.					
			6. See complete catalog requirements at www.winthrop.edu/recandreg					
FOREIGN LANGUAGE (3-8 semester hours)								
	_____	3-4						
	_____	0-4						
102 level proficiency required								