## 2025-2026 Catalog MAJOR B.S. — HUMAN NUTRITION

(Concentration in Health Promotion)

CENEDAL EDUCATION DECLUDEMENTS (25.20	MA IOD COUD	(Concentration in Treatm 1 Tomoto			
GENERAL EDUCATION REQUIREMENTS (35-39 semester hours)	MAJOR COURSES (71-72 semester hours)				
	neck Hrs.	C 9 N-	Harry Charalt	C 0 N-	H Charle
ACAD 101 (Required of first-time freshmen only)	1	Course & No.	Hrs. Check	Course & No.	Hrs. Check
Writing and Critical Thinking:		NUTR 223/222	(4)	NUTR 471	(3)
WRIT 101 (grade of C- or better is required)	3	NUTR 226	(1)	NUTR 490 A	(1)
HMXP 102 (grade of C- or better in WRIT 101 is required)	3	NUTR 227	(1)	NUTR 494	(3)
CRTW 201 (grade of C- or better in HMXP 102 is required)	3	NUTR 229	(2)	NUTR 580	(2)
Oral Communication (met in major with NUTR 428)	0	NUTR 321	(2)	HCMT 200	(3)
Technology (see apporved list)		NUTR 322*	(1)	HLTH 300	(3)
	3	NUTR 323	(4)	HLTH	(3)
ntensive Writing (met in major with NUTR 494)	0	NUTR 329	(3)	MATH 241	(3)
Constitution-Founding Documents Req. (see approved list; may be met by other req.)		NUTR 371	(3)	BIOL 150	(3)
	0-3	NUTR 380	(3)	BIOL 151	(1)
Physical Activity (see approved list)		NUTR 421	(3)	BIOL 213	(4)
	1	NUTR 427	(4)	BIOL 214	(4)
Global Perspectives (see approved list)		NUTR 428	(3)	CHEM 101, 201,	(3-4)
	3		. ,	or 211	` /
Historical Perspectives (see approved list)		*pending curriculum approval			
	3				
Social Science (see approved list; must include 2 designators)		ELECTIVES (1-11 semester hours)			
	3		_ ( )	,	( )
	3		( )		( )
Humanities and Arts (see approved list; must include 2 designators)		-	_ ( )		( )
	3		( )	<del></del> -	( )
	3		( )		( )
Quantitative Skills (see approved list)			_ ( )		( )
	3-4	NOTES			( )
Natural Science (met in major with CHEM 101 & BIOL 150/151)	0		therwise a single course <b>may no</b>	ot be used for more than one Gen	eral Education
	U		requirement or in a major and a minor.		
		2. All Arts and Sciences majors require a minimum of 40 hours in courses numbered above 299.			
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EQDEION I ANGUACE (2.0		3. Attendance at three cultural events is required for each 20 hours completed in residence at Winthrop.			
FOREIGN LANGUAGE (3-8 semester hours)		Note exceptions in the undergraduate catalog.			
		4. Designators that differ only for the purpose of theory and application will be considered the			
	0-4	same designator			
102 level proficiency required		5. Students should complete WRIT 101, HMXP 102 and CRTW 201 with a C- or better early in their			
			academic careers.		
		6. See complete catalog requirements at www.winthrop.edu/recandreg			