

Fall 2016
PSYC 670-600

**Continuing Professional Development in School Psychology:
Tough Kids, Cool Counseling: Top Techniques for Influencing
Challenging Students**

Credit: 1 credit hour (non-degree). **Prerequisite:** Certification or licensure in school psychology or allied field.

Instructor of Record: Antigo Martin-Delaney
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Presenter:

John Sommers-Flanagan, Ph.D.
Clinical Psychologist and Professor, Counselor Education
University of Montana
Missoula, MT

Training Focus:

Counseling challenging students can be immensely frustrating or splendidly gratifying. To address this challenge, participants will refine their skills for managing resistance and implementing specific brief counseling techniques. Using video clips, live demonstrations, and other learning activities, the workshop presents four essential principles and 15+ specific assessment and engagement techniques for influencing “tough students.” Techniques include problem-solving, empowered storytelling, cognitive storytelling, CBT for anger management, the three-step emotional change trick, early interpretations, and the fool-in-the-ring. Diversity-sensitive approaches will be highlighted; group discussion, breakout skill-building, and other learning activities will be integrated.

Learning Objectives:

At the end of the workshop participants will be able to:

1. describe four key principles underlying effective work with challenging older elementary, middle, and high school students
2. use evidence-informed assessment and engagement techniques when working with challenging students
3. describe how cultural and family diversity can be addressed sensitively in the context of a counseling relationship
4. articulate evidence-based relationship and technical factors that contribute to positive counseling outcomes
5. acquire skills for using numerous cognitive, emotional, and constructive intervention strategies

6. describe and apply brief suicide assessment and intervention strategies

Course Materials:

All course materials will be provided to students one week prior to the course via email. Each student will be responsible for downloading and/or printing these materials. No printed copies of materials will be available on the day of class.

Requirements:

Full day (7.5 hours) attendance and participation
Analysis of case studies
Completion of a “Reflection and Analysis” (format will be provided)
Completion of a course evaluation

Grade Basis:

S/U

Students with Disabilities:

Winthrop University is committed to providing access to education. If you have a condition which may adversely impact your ability to access academics and/or campus life, and you require specific accommodations to complete this course, contact the **Office of Accessibility (OA)** at 803-323-3290, or, accessibility@winthrop.edu. Please inform me as early as possible prior to the day this course meets, once you have your official notice of accommodations from the Office of Accessibility.

Transcripts and Other Services

See separate handouts for information on obtaining transcripts and accessing Winthrop services and facilities, including the library and student services.