

PSYC 213 - 002 Abnormal Psychology
3.0 Credit Hours
Fall 2016

- Professor: Dr. Sarah Reiland
126 Kinard (office); reilands@winthrop.edu (fastest way to reach me); 803-323-2634 (office)
- Class Meetings: TR 12:30-1:45 p.m. Owens G02
- Office Hours: TR 1:50-3:20 p.m. and 4:50-5:20 p.m.; M 3:45-4:45 p.m.; and by appointment
- REQUIRED Materials: **Textbook:** Durand, V. M. & Barlow, D. H. (2015). *Essentials of Abnormal Psychology*, 7th ed. Belmont, CA: Wadsworth, Cengage Learning. ISBN #: 978-1-305-09414-7.

Course Description

Psyc 213 is a course that will introduce you to the major types of psychopathology as conceptualized in the Diagnostic and Statistical Manual (DSM). The course is designed to help you think critically about such topics as normal vs. abnormal, the variety of influences on psychopathology, and ethics surrounding diagnosis and treatment of psychological disorders. After completing the course, you should expect to know the characteristic symptoms of psychological disorders, the causes of these disorders, and appropriate treatment strategies. The course meets multiple Department of Psychology goals for student learning (see <http://www2.winthrop.edu/psychology/> for additional information).

University Level Competencies (ULCs)

This course will contribute to the development of the following ULC's:

Competency 1: Winthrop graduates think critically and solve problems.

Winthrop University graduates reason logically, evaluate and use evidence and solve problems. They seek out and assess relevant information from multiple viewpoints to form well-reasoned conclusions. Winthrop graduates consider the full context and consequences of their decisions and continually reexamine their own critical thinking process, including the strengths and weaknesses of their arguments.

Competency 3: Winthrop graduates understand the interconnected nature of the world and the time in which they live.

Winthrop University graduates comprehend the historical, social, and global contexts of their disciplines and their lives. They also recognize how their chosen area of study is inextricably linked to other fields. Winthrop graduates collaborate with members of diverse academic, professional, and cultural communities as informed and engaged citizens.

Course Goals and associated Student Learning Outcomes

1. Students will demonstrate familiarity with the major concepts, theoretical perspectives, empirical findings, and historical trends in clinical psychology (connects with ULC 1 and Psychology Department Goal 1 - Knowledge Base in Psychology).
 - This outcome will be assessed through exams and quizzes.
2. Critical Thinking Skills in Psychology. Students will respect and use critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes (connects with ULC 1 and Psychology Department Goal 2-Critical Thinking Skills in Psychology).
 - This outcome will be assessed through exams, in-class activities, and the Integrative Paper.
3. Students will be able to weigh evidence, tolerate ambiguity, act ethically, and reflect other values that are the underpinnings of psychology as a discipline (connects with ULC 1 and Psychology Department Goal 4 – Values in Psychology).
 - This outcome will be assessed through in-class activities and the Integrative Paper.
4. Students will recognize, understand, and respect the complexity of sociocultural and international diversity (connects with ULC 3 and Psychology Department Goal 5 – Sociocultural and International Awareness).
 - This outcome will be assessed through in-class activities and exams.

Course Resources

Writing Center

Winthrop University's Writing Center is an excellent resource that can help you improve the clarity and power of your writing. The Writing Center is located in 242 Bancroft and offers 30 and 60 minute sessions both in person and online. To make appointments, visit <https://www.winthrop.edu/wcenter/> or call 803-323-2138. To get the most out of your session at the Writing Center, have a draft of your paper ready along with a specific question or issue you want to address. They are especially helpful for issues related to developing a thesis, improving flow, and incorporating references into your paper.

Academic Success Center

Winthrop's Academic Success Center is a free resource for all undergraduate students seeking to perform their best academically. The ASC offers a variety of personalized and structured resources that help students become effective and efficient learners. The services available to students are as follows: peer tutoring, academic skill development (test taking strategies, time management counseling, and study techniques), group and individual study spaces, and academic coaching. The ASC is located in 3 University College on the first floor of Dinkins Hall, Suite 106. Please contact the ASC at 803-323-3929 or success@winthrop.edu. For more information on ASC services, please visit www.winthrop.edu/success.

Blackboard and Email

Blackboard (<https://bb-winthrop.blackboard.com/>) will be used for posting all relevant materials pertaining to the course. Thus, it is recommended that this site as well as your e-mail account be

checked on a daily basis. Info about Blackboard and university email is available from Information Technology (323-2400; helpdesk@winthrop.edu).

Course Policies:

Attendance – This is a lecture class, and your attendance is required. Attendance will be recorded, and Winthrop's attendance policy will be enforced (see <http://www2.winthrop.edu/public/policy/fullpolicy.aspx?pid=251>).

If a student's absences in a course total 25 percent or more of the class meetings for the course, the student will receive a grade of N if the student withdraws from the course before the withdrawal deadline; after that date, unless warranted by documented extenuating circumstances as described in the Withdrawal from Courses section of the University catalogs, a grade of F or U shall be assigned.

There are 28 regular class periods each term. If you miss more than 7 class periods, you will receive a grade of F or U unless you withdraw by the course withdrawal deadline.

If you miss class due to a university-approved excuse (e.g., illness, attendance at a funeral, representation of Winthrop at an athletic or other university-sponsored event), please provide documentation as soon as possible (e.g., doctor's note) so that I have a record of this. If you are not sure whether your absence qualifies as excused, please contact me.

You are expected to be on time to class. In the case of tardiness, I reserve the right to refuse entry to the day's class session to students who have exhibited habitual tardiness. Tardiness is disruptive to both me and the students in the class. If you are late on a day that a quiz is given, you will not be allowed to take the quiz.

Make-Ups – Make-up exams and assignments are generally not available. Exceptions for exams will only be made for university-excused absences, and proof will be required (i.e., note from physician, student athlete letter). Please contact me as soon as you become aware of a conflict. Make-up exams might not be the same format as the original exam; for example, they could be all essay. If you have a university-excused absence on the day of an exam, you will be required to make-up the exam on the first day (M-F) that you no longer have a university-excused absence. Because you only need to participate in 8 out of 10 possible class activities and 5 out of 7 quizzes throughout the semester, you cannot make up activity points or quizzes unless you have a university-approved absence for every single activity that you missed! If you are provided make-up opportunities for activities or quizzes, they will be different from what was given in class to eliminate any unfair advantage.

Late Policy – Hard copies (and turnitin.com submissions if applicable) of all assignments are due by the start of class on the due date (at the latest). You are highly encouraged to turn in assignments early! Assignments that are late by less than 15 minutes will be docked 5% of the possible points on the assignment. Other than the 15 minute grace period, late assignment will be docked 10% of possible points per 24-hour period that they are late (up to 7 days, after which the assignment will not be accepted for any credit). If you will be absent on the day that an assignment is due, you are still responsible for submitting a hard copy of the assignment to me (and turnitin.com submission if instructed) by the start of class on the day that it is due. If you

have a university-approved excuse for your absence on the day that an assignment is due, please contact me as soon as possible to make arrangements. If you could reasonably have been expected to know about the absence in advance, you will generally still be required to submit assignments on time but may be allowed to submit the paper to me electronically.

Documentation for excused absences will be required. If you are granted an extension, generally assignments will be due the first day for which you do not have a documented excuse, so be sure that your documentation covers the days you will be absent.

Extra Credit – In addition to extra credit options built into regular assignments (e.g., bonus questions on exams and points for using the Writing Center for your paper assignment), you may earn an **additional five points (total)** of extra credit by participating in psychology department studies (5 points for 2 studies) or completing a brief article summary (5 points). A detailed description of the article summary extra credit is posted on Blackboard. Research participation opportunities will be announced in class when they become available. All extra credit is due by the start of the last regular class period, but you are welcome to turn in extra credit earlier!

Student Code of Conduct – If substantiated, Winthrop’s policies on Academic Honesty will be enforced. If you are unsure of what exactly is considered cheating or plagiarism, ask! As noted in the Student Conduct Code: “Responsibility for good conduct rests with students as adult individuals.” The policy on student academic misconduct is outlined in the “Student Conduct Code Academic Misconduct Policy” online:

<http://www.winthrop.edu/uploadedFiles/studentconduct/StudentHandbook.pdf>

The issue of digital plagiarism has raised concerns about ethics, student writing experiences, and academic integrity. Winthrop subscribes to a digital plagiarism detection program called Turnitin.com, which will be used to check papers submitted in this course. You will be asked to submit your Integrative Paper in a digital format so that your paper can be checked against web pages and databases of existing papers. Although you may never have engaged in intentional plagiarism, many students do incorporate sources without citations; this program can alert me to your academic needs. Additional information will be provided regarding the submission of your work to Turnitin.

Classroom Behavior – Your participation in class discussions is highly appreciated. Also, your input and questions are encouraged. Please be courteous to other students in the class and refrain from unnecessary talking in the classroom. Should interruptive talking take place, you may be asked to leave the classroom. All cell phones/pagers should be turned off and kept OUT OF SIGHT! No laptops may be used in class without prior permission from me. Remember that professors can see you very well from the front of the class and DO notice when students are whispering to classmates, passing notes, texting, and/or sleeping! Even if a professor does not immediately address this behavior in class, please realize that students who are doing these things are making a poor impression and will likely miss out on opportunities that are available to students who develop more positive relationships with their professors (e.g., awards, letters of recommendation, research opportunities, scholarship nominations, etc.).

Student Learning Responsibilities – Please complete all readings by the dates listed in the syllabus and be prepared to discuss them in class. You should expect to spend at least 6 hours a

week outside of class reading the assigned chapters in the textbook, completing assignments, and studying. Please consult with another student from class to get the material that was presented on a day you are absent. If you are having difficulty mastering material, please meet with me.

Students with Disabilities/Need of Accommodations for Access – Winthrop University is committed to providing access to education. If you have a condition which may adversely impact your ability to access academics and/or campus life, and you require specific accommodations to complete this course, contact the Office of Accessibility (OA) at 803-323-3290, or accessibility@winthrop.edu. Please inform me as early as possible, once you have your official notice of accommodations from the Office of Accessibility.

Syllabus Changes – This syllabus is only an approximate outline as to when material will be presented in class. I reserve the right to modify this syllabus at any point during the semester, but you will be informed of any changes.

Course Requirements

Exams: 300 points total

There are 3 equally-weighted exams in this course. Each exam is worth 100 points. The final exam is cumulative. On the final exam, only 25% of the material will come from chapters covered on previous exams, whereas the other 75% of test items will pertain to chapters on which you have not yet been tested. On the Final Exam, material from other chapters will include broad concepts that underlie the field of clinical psychology and will include key concepts that you should have acquired through your participation in this course. Exam items might consist of multiple-choice, short-answer, and essay items. The use of notes or textbooks will not be permitted on any of the exams. You will have 75 minutes to complete all exams (including final).

Please note that you will be tested on information presented in lecture and from the textbook. On each exam, approximately 20% of material will be taken solely from the textbook and will address concepts that we did not cover in lecture. It is very important that you read the textbook in addition to attending lectures.

In-Class Participation Activities: 40 points total

Scattered throughout the course of the semester, there will be at least 10 in-class exercises. These exercises may be individual (e.g., written response to a video viewed in class) or group (e.g., small group discussion) activities that are related to the course material. You will receive 5 points per activity. You only need to participate in 8 of these activities to earn the maximum participation points. These points cannot be made-up. Note: you cannot earn over 40 points.

Reading Quizzes: 50 points total

Scattered throughout the course of the term, there will be at least 7 brief quizzes on the assigned reading and material covered in previous lectures. Eighty percent of the questions will come from the textbook reading due that day; twenty percent will come from the previous chapter's lecture materials. Quizzes will include multiple choice, true/false, and/or short answer items. Each quiz is worth 10 points, and only your top 5 scores will count in your final grade. Quizzes

will not be announced beforehand and will take place at the beginning of class. If you are late to class, you will not be allowed to take the quiz.

Integrative Paper Outline Assignment: 10 points

You will be required to turn in a thesis statement and outline for your Integrative Paper (see below). This assignment is meant to encourage you to start thinking about your paper early in the semester and also allows you to get some feedback from me prior to the paper due date. Instructions are posted on Blackboard.

Integrative Paper: 100 points

You are required to write a 6 to 8 page paper that requires you to analyze and synthesize information from a variety of chapters and media sources, critically evaluate media or societal portrayals of mental illness, and use what you've learned to create guidelines for how mental illnesses should be perceived. You will select one of two writing prompts to guide you as you write this paper. You must turn in both a hard copy of this paper and an electronic copy via Turnitin through your Blackboard account by the start of class on the final due date for the assignment.

I strongly encourage you to begin thinking about this paper early in the term. It is a difficult assignment that will require a high degree of effort on your part. I am not an easy grader on papers! To encourage your efforts, I will give you 5 extra points on this assignment if you utilize the Writing Center for one or more drafts of this paper. You are responsible for providing me with documentation from the Writing Center to show me that you met with Writing Center staff.

You may come to my office hours and/or make an appointment to meet with me for feedback on this writing assignment prior to the due date. If you request a meeting outside of my office hours for feedback on your paper, you must schedule this meeting to occur at least one full week prior to the paper's deadline. Please note that I will not provide feedback through email or in class.

Calculation of final grade

Possible Points (500)

300	3 Exams (100 points each)
10	Integrative Paper Outline Assignment
100	Integrative Paper
50	Reading Quizzes
40	In-class Writing Activities (5 points per in-class activity)

- Students may earn at least 5 additional points of extra credit in the class as outlined in the policies.

Grades for Psyc 213

A	93-100%	463 points and higher	C	73-76%	363-382 points
A-	90-92%	448-462 points	C-	70-72%	348-362 points
B+	87-89%	433-447 points	D+	67-69%	333-347 points
B	83-86%	413-432 points	D	63-66%	313-332 points
B-	80-82%	398-412 points	D-	60-62%	298-312 points
C+	77-79%	383-397 points	F	below 60%	below 298 points

Tentative Class Schedule

Week	Date	Reading due	Topic	Assignment Due
1	8/23		Course Intro, Abnormal Behavior in Historical Context	
	8/25	Ch. 1	Abnormal Behavior in Historical Context	Read Chapter 1; <i>possible quiz</i>
2	8/30	Ch. 2	An Integrative Approach to Psychopathology	Read Chapter 2; <i>possible quiz</i>
	9/01		Ch. 2 continued	<i>Possible quiz</i>
3	9/06	Ch. 3	Clinical Assessment, Diagnosis, and Research in Psychopathology	Read Chapter 3; <i>possible quiz</i>
	9/08		Ch. 3 continued	<i>Possible quiz</i>
4	9/13		Ch. 3 continued	<i>Possible quiz</i>
	9/15		Exam 1 (chapters 1-3)	
5	9/20	Ch. 4	Anxiety, Trauma- and Stressor-Related, and Obsessive-Compulsive and Related Disorders	Read Chapter 4; <i>possible quiz</i>
	9/22		Ch. 4 continued	<i>Possible quiz</i>
6	9/27		Ch. 4 continued	<i>Possible quiz</i>
	9/29	Ch. 5	Somatic Symptom and Related Disorders and Dissociative Disorders	Read Chapter 5; <i>possible quiz</i>
7	10/04		Ch. 5 continued	<i>Possible quiz</i>
	10/06	Ch. 6	Mood Disorders and Suicide	Read Chapter 6; <i>Possible quiz</i>
8	10/11		Ch. 6 continued	Integrative Paper Outline due
	10/13	Ch. 8	Eating and Sleep-Wake Disorders	Read Chapter 8; <i>possible quiz</i> ;
9	10/18	Ch. 9	Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria	Read Chapter 9; <i>possible quiz</i>
	10/20		Ch. 9 continued	<i>possible quiz</i>
10	10/25		Exam #2 (Chap. 4-6, 8-9)	
	10/27	Ch. 10	Substance-Related, Addictive, and Impulse-Control Disorders	Read Chapter 10; <i>possible quiz</i>
11	11/01		Ch. 10 continued	<i>possible quiz</i>
	11/03	Ch. 11	Personality Disorders	Read Chapter 11; <i>possible quiz</i>
12	11/08		<i>No Class – Election Day – VOTE!</i>	
	11/10		<i>No Class – Academic Conference</i>	
13	11/15		Ch. 11 continued	<i>possible quiz</i>
	11/17	Ch. 12	Schizophrenia Spectrum and Other Psychotic Disorders	Read Chapter 12; <i>possible quiz</i>
14	11/22	Ch. 13	Neurodevelopmental & Neurocognitive Disorders	Integrative Paper Due
	11/24		<i>No Class - Thanksgiving</i>	
15	11/29		Ch. 13 continued	<i>possible quiz (ch. 13)</i>
	12/01	Ch. 14	Mental Health Services: Legal & Ethical Issues	Read Chapter 14; <i>possible quiz</i> Extra Credit Final Due Date
	12/08		Final Exam (cumulative) Thursday, 12/08 11:30 a.m.	