Instructor: Dr. Heather Anschuetz-Jeffers  
Office hours: Tu/Th 2:30-3:30  
Office: Kinard 318  
Office Phone: 803 323-2697  
Email: jeffersh@winthrop.edu – best way to contact me  

Course Objectives and Goals  
This course provides an overview of the main concepts, theories, and empirical findings in the field of psychology. Key goals are to assist students in: a) developing an in-depth understanding and appreciation for psychology as a field of science and b) increasing an awareness of psychological concepts as they apply in daily living.  
Students will work toward achieving the following objectives throughout the semester:  
- Acquire knowledge about the history, theories and findings in the various domains of psychology.  
- Develop the ability to communicate effectively about psychological concepts and research findings, including enhancing abilities to apply psychology to real-world issues or problems.  
- Develop critical thinking skills in evaluating psychological research.  
- Gain a greater understanding of the behavior and mental processes of self and others.  

These objectives will be assessed through examinations, written assignments, and class discussion.

Touchstone/General Education Goals  
PSYC 101 counts towards the social science component of Winthrop’s Touchstone (General Education) Program. At a minimum, the course will move students towards meeting the following University Level Competencies:

Competency 1  
Ability to use critical thinking and problem solving.  
- Winthrop University students reason logically, evaluate and use evidence and solve problems. They seek out and assess relevant information from multiple viewpoints to form well-reasoned conclusions. Winthrop students consider the full context and consequences of their decisions and continually reexamine their own critical thinking process, including the strengths and weaknesses of their arguments.

Competency 3  
Ability to understand the interconnectedness of the world and the time in which we live.  
- Winthrop University students comprehend the historical, social, and global contexts of their disciplines and their lives. They also recognize how their chosen area of study is inextricably linked to other fields. Winthrop students collaborate with members of diverse academic, professional and cultural communities as informed and engaged citizens.
Global Learning Initiative
This course participates in the Global Learning Initiative. The global learning component to be covered in this course includes: understanding cultural influences on perceptions of normal and abnormal behavior.

Attendance
Attendance will be taken at 10 random points in the semester. Attendance credit will be applied when calculating your final grade. Attendance is strongly recommended, as lectures will help to clarify text readings and there will be some supplemental material provided during lecture included in your exams. You are responsible for obtaining any material missed due to absence.

Exams and Assigned Readings
There will be four multiple-choice exams given over the course of the semester (100pts each). Exams will cover both lecture and text material. You will be allowed to drop your lowest exam score. Because of this, there will be NO MAKE UP exams. If you fail to attend or cannot make a scheduled exam date, this will automatically be considered your one dropped exam grade. If you have the unusual circumstance of having MORE THAN TWO university excused absences that fall on an exam date, an exception may be made assuming that appropriate documentation is provided.

***Scantron sheets will be provided for you.

Note: The content focused on in lecture will be more heavily emphasized on exams. However, you are expected to read assigned modules as listed in the attached schedule to supplement lecture content and will be held responsible for knowing the content whether we cover it all in class or not. Review sheets will be provided on Blackboard to assist with exam preparation.

Written Assignments
Because this course is part of Winthrop’s Touchstone Program, there is a minimum written requirement. You will be required to complete three written assignments. Requirements for these three assignments will be provided in a separate handout.

Extra Credit
You may earn up to 18 points of extra credit (added to the total points possible) in two possible ways:

1) Research participation
Students may participate in research projects that are sponsored by Psychology Department faculty and students. Information about how to volunteer for research will be provided later in the semester. Each experiment lasts from ½ hour to 2 or more hours. You will get 6 extra credit points for each hour (or portion of an hour) that you participate.

WARNING: If you sign up for an experiment and you do not show up or cancel, you will be penalized that many credits. For example, if you sign up for a 1 hour experiment and you miss it or do not cancel you will have 6 points subtracted from your extra credit point total.

2) Thought papers
You may write a short thought paper (2-3 pages typed) that applies course concepts to real-world issues or experiences (e.g., stress, relationships, dreams, memory failure, etc.)
Students will receive 6 extra credit points for each paper completed.

***All extra credit assignments are due no later than the last day of class. All extra credit points will be added to your total points earned in the course.
Blackboard
Blackboard will be used to post grades, study guides, and other relevant class material and handouts.

Follow the directions to login:
1. Go to bb-winthrop.blackboard.com
2. **Please note:** You will **not** use the WebCT “wu_” login for Blackboard. Login to Blackboard with the same user name and password as you use to login to Winthrop email.
   **For example:**
   a. Username: smithj3
   b. Password: enter your Winthrop email password
3. After you log in, on the right side of the screen in the My Courses module, click on the title for your course.
4. Once inside the course, you will be viewing the Home Page. Use the menu on the left side of the screen to navigate through the course. **Note:** If you do not see the menu on the left side of the screen, it may be hidden. Click on the arrow on the left side of the screen to reveal the menu.

**Students with Disabilities**
Winthrop University is dedicated to providing access to education. If you have a disability and require specific accommodations to complete this course, please contact the Office of Accessibility, at 323-3290. Once you have your official notice of accommodation, please inform your instructor as early as possible in the semester.

**Course Grading**

<table>
<thead>
<tr>
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<th>Points Possible</th>
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<tbody>
<tr>
<td>3 Highest Exams (100 pts each)</td>
<td>300 pts possible</td>
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<tr>
<td>Thought-Provoking Event</td>
<td>30 pts possible</td>
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<tr>
<td>Annotated Bibliography</td>
<td>40 pts possible</td>
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<tr>
<td>Final Paper</td>
<td>100 pts possible</td>
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<tr>
<td>Attendance</td>
<td>10 pts possible</td>
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<tr>
<td>Extra Credit</td>
<td>18 pts possible</td>
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Grades are based on the following equation:

\[(\text{Total Points Earned} / 480) \times 100 = \text{Final Grade}\]

**Student Conduct**
Students are expected to conduct themselves in a manner conducive to an environment of academic integrity and respect for the educational process and safety and well-being of others. Adherence to the Student Conduct Code will be expected; violations of this code will be handled in keeping with the procedures outlined in the Student Handbook and reported to the Dean of Students. The Student Conduct Code can be found at:
## Schedule of Assigned Readings and Exams

<table>
<thead>
<tr>
<th>Week</th>
<th>Course or Module(s)</th>
<th>Date(s)</th>
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<tbody>
<tr>
<td>Week 1</td>
<td>Course requirements and overview&lt;br&gt;History and Scope of Psychology &amp; Research Strategies&lt;br&gt;• Modules 1 &amp; 2</td>
<td>Aug 23&lt;br&gt;Aug 25</td>
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<tr>
<td>Week 2</td>
<td>Brain and Behavior&lt;br&gt;• Modules 3 &amp; 4</td>
<td>Aug 30&lt;br&gt;Sept 1</td>
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<tr>
<td>Week 3</td>
<td>States of Consciousness&lt;br&gt;• Modules 6 &amp; 8</td>
<td>Sept 6&lt;br&gt;Sept 8</td>
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<td>Week 4</td>
<td>Nature/Nurture&lt;br&gt;• Modules 5 &amp; 13</td>
<td>Sept 13&lt;br&gt;Sept 15 - Exam I</td>
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<tr>
<td>Week 5</td>
<td>Learning&lt;br&gt;• Modules 18-20</td>
<td>Sept 20&lt;br&gt;Sept 22 - Thought-Provoking Event Due (before 5pm)</td>
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<tr>
<td>Week 6</td>
<td>Motivation and Emotion&lt;br&gt;• Modules 28-31</td>
<td>Sept 27&lt;br&gt;Sept 29</td>
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<td>Week 7</td>
<td>Development&lt;br&gt;• Modules 9-12</td>
<td>Oct 4&lt;br&gt;Oct 6</td>
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<td>Week 8</td>
<td>Social Psychology&lt;br&gt;• Modules 36</td>
<td>Oct 11 - Exam II&lt;br&gt;Oct 13</td>
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<td>Week 9</td>
<td>Memory&lt;br&gt;• Modules 21-23</td>
<td>Oct 18&lt;br&gt;Oct 20</td>
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<tr>
<td>Week 10</td>
<td>Sensation and Perception&lt;br&gt;• Modules 15-17</td>
<td>Oct 25&lt;br&gt;Oct 27 - Annotated Bibliography Due</td>
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<tr>
<td>Week 11</td>
<td>Stress and Health&lt;br&gt;• Module 32 &amp; 33</td>
<td>Nov 1&lt;br&gt;Nov 3 - Exam III</td>
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<tr>
<td>Week 12</td>
<td>Personality&lt;br&gt;• Modules 34 &amp; 35</td>
<td>Nov 8 - Election Day - OFF&lt;br&gt;Nov 10</td>
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<td>Week 13</td>
<td>Disorders&lt;br&gt;• Modules 39-41</td>
<td>Nov 15&lt;br&gt;Nov 17</td>
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<td>Week 14</td>
<td>THANKSGIVING BREAK</td>
<td>Nov 22 - OFF&lt;br&gt;Nov 24 - OFF</td>
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<tr>
<td>Week 15</td>
<td>Therapy&lt;br&gt;• Modules 42 &amp; 43</td>
<td>Nov 29&lt;br&gt;Dec 1 - Final Paper Due (before 5pm)&lt;br&gt;Extra Credit Due</td>
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<tr>
<td>Week 16</td>
<td>Final Exam ** Saturday at 11:30 a.m. **</td>
<td>Dec 10 - Exam IV</td>
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**Subject-To-Change Notification:** Revisions may be made to this schedule as circumstances require. You will be informed of any changes either via university email or, when appropriate, as part of an in-class announcement.