

Human Nutrition: Eight-semester Suggested Program of Study: Dietetics 2018-2019

First-Year Fall Term Semester 1		First-Year Spring Term Semester 2	
Course	Credits	Course	Credits
NUTR 221 Human Nutrition	3	NUTR 226 Orientation to Dietetics	1
CHEM 105 General Chemistry	4	CHEM 106/108 General Chemistry	4
MATH 150 Into Discrete Mathematics/MATH 151 College Algebra	3	MATH 141 Statistics	3
WRIT 101	3	HMXP 102 Human Experience	3
ACAD 101	1	CSCI 101/CSCI 101 A,B,C Computer Sci.	3
PSYC 101 General Psychology*	3	Social Science Elective	3
TOTAL	17	TOTAL	17
Sophomore (Year 2)- Fall Semester 3		Sophomore (Year 2)- Spring Semester 4	
Course	Credits	Course	Credits
NUTR 231/232 Food Composition	4	NUTR 370 Food & Nutrition in Cultural Perspective	3
Language 1	4	Language 2	4
BIOL 213 Anatomy and Physiology I	4	Global Perspectives Elective	3
Humanities & Art Elective	3	CRTW 201 Critical Reading Writing Thinking	3
		BIOL 214 Anatomy and Physiology II	4
TOTAL	15	TOTAL	17
Junior (Year 3) - Fall Semester 5		Junior (Year 3) - Spring Semester 6	
Course	Credits	Course	Credits
NUTR 371 Food Systems Management	3	NUTR 471 Institutional Foodservice Procurement & Production	3
NUTR 421 Nutrition through Lifespan	3	NUTR 523/524 Food Science	4
CHEM 310 Organic Chemistry	3	NUTR 427 Medical Nutrition Therapy 1	4
NUTR 227 Medical Terminology	1	Physical Activity Elective	1
NUTR 229 Nutritional Assessment	2	Constitution Requirement	3
TOTAL	16	TOTAL	15
Senior (Year 4)- Fall Semester 7		Senior (Year 4)- Spring Semester 8	
Course	Credits	Courses	Credits
NUTR 527 Medical Nutrition Therapy	4	NUTR 480 Nutrition Education Theory and Practice	3
NUTR 521 Nutritional Biochemistry and Metabolism	3	BIOL 310 Microbiology	4
NUTR 428 Community Nutrition	3	Historical Perspectives	3
Humanities & Art Elective	3	NUTR 494 Senior Seminar	3
Elective: NUTR 520, PSYC 213, GRNT 300, ATRN 510, ACCT 280, or HCMT 200, PSYC 206	3	NUTR 490A Practicum Experience**	1
TOTAL	16	TOTAL	14

Total = 120-122 hours **Plan subject to change due to curricular adjustments**

*PSYC 101 highly recommended as it is a prerequisite for PSYC 206 and 213 **Instructor permission only