

The World of Food: Interdisciplinary Perspectives on What We Eat and Grow

Conference Program, February 21-23, 2019

Thursday, February 21

- 6:30-7:00pm – John T. Edge Book Signing, Plowden Auditorium, Withers Building
- 7:00pm: Welcome to the World of Food Conference: Plowden Auditorium, Withers Building
 - Dr. Debra Boyd, Winthrop University Provost
 - Dr. Ginger Williams, Professor of History, Winthrop University

The Prairie Sings ... of laughing corn, composed by Philip Wharton
Kristen A. Wonderlich, soprano; and Janice Bradner, piano

KEYNOTE ADDRESS

- Introduction – Dr. Anna Igou, Assistant Professor of French, Winthrop University
 - John T. Edge, Yazoo Soul Food and Mexican Po-Boys: Pasts and Futures of Southern Foodways
- 8:30-10:00pm: Keynote Reception catered by *Dan the “Pig Man” Huntley*, Rock Hill Brewing Company

Friday, February 22

7:15am: Registration and Coffee, Withers 1st Floor, Withers Building

- 8:00-8:15am: Conference Welcome: Plowden Auditorium, Withers Building
 - Dr. Marsha Bollinger, Chair, Department of Interdisciplinary Studies, Winthrop University
 - Dr. Takita Sumter, Vice Provost for Faculty Affairs, Winthrop University

8:20-9:35am: Session I

A. Food, Culture, and History – Withers 113

Moderator: Matthew Heard, Belmont University (matthew.heard@belmont.edu)

- Michael Lipscomb, Winthrop University MLA Faculty, Gravy (For My Mashed Potatoes): On the Cultural Reproduction of Food and Sex
- William Kiblinger, Winthrop University, Food Is Money: The Origin of Money in the Sacrificial Meal and the Egalitarian Ideal
- Dave Pretty, Winthrop University, The Private and the Public in Carolingian Rome: The Papal Role in Feeding the City’s Poor
- Gregory Bell, Winthrop University, Dining out: Eating Experiences on the First Crusade

B. Food and Agriculture – Withers 115

Moderator: Marsha Bollinger, Winthrop University (bollingerm@winthrop.edu)

- Kristen Brown, University of South Carolina, “So that humanity can continue”: Indigenous Interventions with Colonial Farming Practices
- Mikayla Mangle, Winthrop University, The American Agriculture System: A History of Racism, Power, and the Construction of the American Mindset

C. Food, Tourism, and Travel – Withers 117

Moderator: Maria Aysa-Lastra, Winthrop University (Aysa-Lastram@winthrop.edu)

- Rebecca Freeman, University of South Carolina-Lancaster and Jean Moats, Johnson & Wales, Food Tourism in Charlotte
- Strauss Moore Shiple and Ben Boyles, The South Carolina Ag + Art Tour
- Katherine Metzko, Winthrop University, Food Sovereignty and Economic Policy in Charlotte, NC

D. Delicious Desires and Dangers: Creative Stories and Critical Approaches – Withers 119

Moderator: Siobhan Craft Brownson (brownsons@winthrop.edu)

- John M. Robinson, Winthrop University, “Nicholas Delight”
- Carson Pender, Winthrop University, “All of My Peaches Are Ruined”: Christina Rossetti, Lana Del Rey, and the Feminine Comfort in Fruit and Floral Aesthetics
- Zuri Anderson, Winthrop University, Flay Steak and Sautéed Fingers
- Joshua Macias, Winthrop University, A Feast of Junk: William Burroughs, Addiction, and the Language of Food

9:45-11:00am: Session II

A. Global Issues – Withers 113

Moderator: Brent Woodfill, Winthrop University (woodfillb@winthrop.edu)

- Audrey Thomas, UNC-Asheville, Beyond Burgers and Fries: A Review of International Children’s Menus to Assess Global Dietary Choices
- Monique Constance-Huggins, Winthrop University, Acculturation and Diet among Afro-Caribbean Immigrants: Impact on Health
- Adde Sharpe, Davidson College, To Conserve or Consume? The Impact of Natural Protected Areas on the Food Security of Indigenous Communities in the Peruvian Amazon
- Greg Odum, Proyecto Arqueologico, “If I Don’t Have Land, How Am I Going To Die?” Land and Food Insecurity in Alta Verapaz, Guatemala

B. Food Insecurity, Food Deserts, and Food Sustainability – Withers 115

Moderator: Ginger Williams, Winthrop University (williamsv@winthrop.edu)

- Nicholas Moellman, Winthrop University, Healthcare and Hunger: Impacts of the Affordable Care Act on Food Insecurity in America
- Nicole Peterson and Andrea Freidus, University of North Carolina-Charlotte, Rethinking What Food Security Means to Students
- James Brown, Environmental Studies Educator, “Baby You Can Drive My Car”: Ditching the Automobile in Favor of High-Speed Rail
- Juanita Lester and Ashley Garrick, Pilgrims Inn, Meeting the Food Related Needs in the Community: The Trials and Triumphs of Pilgrim’s Inn

C. Food and Literature – Withers 117


Moderator: Jane Smith, Winthrop University (smithjb@winthrop.edu)

- Casey Cothran and Robert Prickett, Winthrop University, Chewing with Your Mouth Eyes Open: Food & Graphic Novels
- Patricia Childress, Johnson and Wales University, Fantastic Food: Food as Magic or Reality’s Touchstone in Fantasy Literature
- Colby Dockery, Winthrop University, “Eat Me, Drink Me”: Edible Temptations and Revelations in Lewis Carroll’s *Alice’s Adventures in Wonderland*
- Kelly Richardson, Winthrop University, “A Fin of the Whale”: Food Imagery in Herman Melville’s *Moby-Dick*

D. Fostering a Healthy Food Culture: On Campus and Away – Withers 119

Moderator: David Meeler, Winthrop University (meelerd@winthrop.edu)

- William G. Allen, Furman University
- Yancy Fouché, Davidson College
- Zoe Parker, Furman University
- Gregory Hunt, Davidson College

 **11:10am-12:25pm: Session III**

A. Food and Culture – Withers 113

Moderator: Jennifer Leigh Disney, Winthrop University (disneyj@winthrop.edu)

- Jordan Costanza, University of North Carolina-Charlotte, Gastronomic Purism: Immigrant Erasure in the Italian-American Potluck
- Christopher Rounds, Allen University, Paddy and Pickaninny: A Comparative History of Irish and African-American Stereotypes on Food Packaging
- Alexandria Selman, Duke University MLS Program, Vegan Biscuits: The Connection Between Food, Family, and Belonging
- Rhonda Stewart, Johnson & Wales University, “Please can we talk about politics or something controversial, instead of my stomach!?!?” A Communication Study of Food Discourse and Identity Construction

B. Sharing or Selling? The Values and Costs of Food in Literature and Culture – Withers 115

Moderator: Casey Cothran, Winthrop University (cothranc@winthrop.edu)

- Lauren Leonard, Winthrop University, Feasting and Drinking Culture in *The Sun Also Rises*
- Danielle Altringer, Winthrop University, Welcome to the Kitchen, Come Eat at My Table: An Exploration into the Intimacy of Sharing Food and the Kitchen as a Sacred Space
- Pilar G. DiPietro, Winthrop University, Place-soul, if you Please
- John D. Kroft, Winthrop University, “I been hungrier than this”: Food Finances in *Slaughterhouse-Five*

C. Winthrop Community Hunger Action Awareness Initiatives, 1970s-Present – Withers 117

Moderator: Margaret Gillikin, Winthrop University (gillikinm@winthrop.edu)

- Randy McSpadden, Rock Hill, SC, Winthrop Campus Ministries and Hunger Initiatives in the 1970s and 1980s
- Weenie Daniel, Rock Hill, SC, Church World Service and Crop Walk in Rock Hill and Beyond
- Mary Kennington, Rock Hill, SC, Winthrop Student Hunger Initiatives in the 1970s and 1980s
- Laura Foster, Winthrop University, Winthrop University Hunger Initiatives Today

D. The Impact of Food and Nutrition on Health and Chronic Disease: From Birth to Death – Withers 119

Moderator: Elizabeth Weikle, Winthrop University (weiklee@winthrop.edu)

- Hope Lima, Winthrop University, Pregnancy, Breastfeeding, and the Importance of Infant Nutrition
- Karin Evans, Winthrop University, Nutrition During Childhood and Adolescence
- Joshua McDonald, Winthrop University, Diet and Cardio Metabolic Health
- Leslie Van Horn, Winthrop University, Aging Healthfully

 **12:30-1:45pm: LUNCH, Student Activity Center (SAC), Withers Building**

INCLUDED WITH CONFERENCE REGISTRATION

- Conference Welcome, Dr. Adrienne McCormick, Dean, College of Arts and Sciences, Winthrop University

 1:00pm: Chow Club Atlanta presentation

 **1:30-4:30pm: EXPO, Student Activities Center (SAC), Withers Building**

 **2:00-3:15pm: Session IV**

A. Food and Culture in a Global Context – Withers 113

Moderator: Anna Igou, Winthrop University (igoua@winthrop.edu)

- Cole Heatherly, University of South Carolina, Cooking Up Resistance Francophone Style

- Pia Bertucci, University of South Carolina, The Urban Peasant: Italy's Legacy for Contemporary Global Foodways
- Cameron Dodworth, Methodist University, Fusion is Appropriation: Gothic Fear in Representations of Eastern Food in Victorian Literature

B. From What We Eat, We Define Ourselves: The Creative Fictions and Nonfictions of Contemporary Food – Withers 115

Moderator: Ephraim Sommers, Winthrop University (sommerse@winthrop.edu)

- Dustin M. Hoffman, Winthrop University, "Eat Not to Die"
- Jesse Motte, Winthrop University, "Dust" and "Slightly Cattwonkers"
- Rebekah Daniel, Winthrop University, "The Kentucky Bourbon Festival" & "Drunk & Drinking"
- Ephraim Sommers, Winthrop University, "No One Survives the Plane Crash"

C. The Intersection of Gender and Craft Brewing: The Women Brewers of Charlotte – Panel Discussion – Withers 117

Moderator: Jennifer Disney, Winthrop University (disneyj@winthrop.edu)

- Razia Gonzalez, Pilot Brewing
- Suzie Ford, NoDa Brewery
- Carol Waggener, Bold Missy

D. The Humanity of FOOD – Panel Discussion –Withers 119

Moderator: Janet Kagan (janetkagan@me.com)

- Janet Kagan, FOOD project director and Founding Partner of Art-Force
- FOOD consortium members: Professor Kofi Boone at the North Carolina State University School of Design; Jeffrey Hill, Career Advisor at the Opportunities Industrialization Center (OIC) of Wilson, NC; Lucette Mercer, Farmer with GRRO (Green Rural Redevelopment Organization) and SOWFA (Southern Organization of Women in Farming + Agriculture)

E. Poster Session I: Posters #1-18: - Withers 107

1. Lauren San Diego, Devon Dixon, Elizabeth Newcomb Hopfer, Meeshay Williams-Wheeler, Heather Colleran, Nutrition and Self-Sufficiency of Adults with Disabilities through a Mentoring Program
2. Heaven Jordan, Roberta Claro da Silva, Heather Colleran, The Effects of a 16-Week Exercise Program on Inflammatory Markers in Human Milk
3. Elisabeth Dieckman-Meyer, Samantha Tucker, Drew Budner, Initial Targeted Investigation into Key Esters Within the Aroma Profiles of Barley and Sorghum Beers
4. Brett Serafini, Drew Budner, An Influential Targeted Analysis of Key Aroma Compounds Found in Barley and Sorghum Beers
5. Alexis Sharkey, Blair Epps, Janah Fletcher, Heather Colleran, Nutritional Knowledge of NCAA Division I HBCU Student-Athletes
6. Alexis Sharkey, Roberta Claro da Silva, Heather Colleran, Review of Literature: Effects on Bone Mineral Density During Lactation in Overweight/Obese Postpartum Women
7. William Lawson, Salam Ibrahim, Heather Colleran, A Closer Look at Dietary Supplements: An Exercise in Experiential Learning
8. Gregory Long, Elizabeth Newcomb, Meeshay Williams-Wheeler, Devona Dixon, Heather Colleran, Development of Nutrition Curriculum for Adults with I/DD: Part of a Mentoring Program to Improve Nutritional Knowledge and Self-Efficacy
9. Shlanda Burton, Heather Colleran, Certified/Trained Birth Doulas' Impact for Successful Breastfeeding Rates for Women of Color in North Carolina
10. Ashley Banks, Assessing Healthy Food Availability and the Potential for Increasing Availability in Mecklenburg County, NC Corner Stores
11. Adde Sharp, Cooperatives, Commerce, and Climate Change: The Future of Small- Scale Coffee Production in Peru
12. Alexzondrea Harrison, Food Insecurity on Winthrop's Campus

13. Wanda Koszewski, Demographic Influences and the Prominence of Orthorexia Nervosa Among the General Population
14. Stephanie Nielsen, Use of Nutrition Apps among Dietetic Professionals
15. Erin Paradiso, Changes to SNAP: Implications for South Carolina's Most Vulnerable Populations
16. Wanda Koszewski, Influence of Local and Organic Food Products on College Students' Buying Decisions
17. Samantha Serviss, The Bountiful Benefit of Bees
18. Hope Lima, Effect of Light Exposure During Pumping and Holder Pasteurization on Vitamin Concentration in Human Milk

3:25-4:40pm: Session V

A. Food, Culture, and Media Studies – Withers 113

Moderator: Aimee Meader, Winthrop University (meadera@winthrop.edu)

- Maria Saleeva, University of North Carolina-Charlotte, Food Consumption Practices on Social Media and Social Status
- Anne-Marie Townley, Johnson & Wales University, Big Night: Heaven and Hell
- Kelli Boling, University of South Carolina, Eating for Change: How Media Use and Social Justice Impact Consumer Perceptions of Ethical Labels
- Wanda Ebright, Winthrop University, Before I Begin

B. Food, Health, and Nutrition – Withers 115

Moderator: Hope Lima, Winthrop University (limah@wintheop.edu)

- Breonna Johnson, NC A&T State University, Avocado and Flaxseed Oleogels: The Prospect of a Healthy Saturated Fat Substitute
- Kelsey Dupree, Winthrop University, The Socioeconomic Causes of Childhood Obesity
- Orgul Ozturk, University of South Carolina, Chad Cotti, University of Washington-Oshkosh, John Gordainer, University of South Carolina; Hunger Pains? SNAP Timing and Emergency Room Visits

C. Food and The South – Withers 117

Moderator: Andy Doyle, Winthrop University (doylea@winthrop.edu)

- Summersby Okey and Scott Huffmon, Winthrop University, From Grits to Gumbo: How Modern Southerners Define “Southern Food”
- Michael Wachowski, Winthrop University, Slave Diet in the Antebellum South
- Evan Nooe, University of North Carolina-Charlotte, Boatwright's Dining Hall: Southern Food and the Authentication of Fantasy
- N. Valerie McLaurin, Coastal Carolina University MALS Program, Chicken Bog and the Shared Traditions of Horry County, South Carolina

D. Food and Poetry: Words That Eat, Plant, and Grow – Withers 119

Moderator: Evelyne Weeks (weekse@winthrop.edu)

- Winthrop University Student, Alumni, and Faculty Poets – Jo Koster, Mary Martin, Ephraim Sommers, Jane Smith, Krystal Pasciak, Casey Smith, Jammie Huynh, Emily Miller, Daisuke Chen, Alex Muller

E. Poster Session II: Posters #19-33: - Withers 107

19. Joshua McDonald, Skim or whole milk protects against postprandial hyperglycemia-induced impairments in vascular function in adults with prediabetes by limiting increases in oxidative stress that lower nitric oxide bioavailability
20. Claire Berchtold, The Relationship Between Infant Mortality Rate and Food Insecurity

21. Wanda Koszewski, Prevalence of Food Insecurity Among College Students at a Southeastern University
22. Katherine Conroy, Alezandra Politis, Sydney Hayes, Percentage of High Schoolers with Daily Soda Consumption by State Compared to the Percentage of High Schoolers with Obesity by State
23. Chelsea Bruce, Nuba Jackson, Examining the Effect of the Supplemental Nutrition Assistance Program on Food Insecurity
24. Malik Williams, Jasmine Knight, Tiye DuBard, Robin Charles, Food and Dysmorphic Disorder
25. Janice Plante, Prevalence of Orthorexia in College Students
26. Wanda Koszewski, Karen Kedrowski, Teresa Ramalho, Food Insecurity Incidence and Healthcare Insurance Impact on College Students
27. Daniel Head, Fried Chicken: An Analysis of Southern and International Cultures' Impact on Fried Chicken
28. Jhane' Kirkland, Food Insecurity and Older Adults
29. Terri Guidry and Chris Johnson, Apiculture: A Case for Producing Local Honey
30. Christopher Johnson, Weigh the Waste: Assessing Food Waste @ Winthrop University
31. Greer Friedrich, Sharing Food: Community Meals and Intercultural Communication
32. Meghan Hendry, Green Bean Casseroles
33. Bryan McFadden, The Role of Food in the Syrian Crisis

 5:30-7:00pm: Reception in Winthrop University Art Gallery, Rutledge Building
Kirsten Stolle
"Selective Memory"

 7:15-9:00pm: Chow Club Atlanta Dinner, Oakland Avenue Presbyterian Church
PRE-REGISTRATION AND PAYMENT REQUIRED

Saturday, February 23

 7:30-8:00am: Registration and Coffee, Withers 1st Floor, Withers Building

 8:00a.m: Welcome and Announcements: Ginger Williams, Plowden Auditorium, Withers Building

8:20-9:35am: Session VI

A. Local Grassroots Food Movements – Withers 113

Moderator: Adam Glover, Winthrop University (glovera@winthrop.edu)

- Fuji Lozada, Davidson College, Trust in Chinese Local Food Movements: Using Social Network Analysis to Understand the Local Food Market
- Ben Boyles and Gloria Kellerhals, Catawba Farm & Food Coalition, Acres of Opportunity – A Grassroots Approach to Food Systems Development
- Ashli Stokes, University of North Carolina-Charlotte, The Civic Eats Workshop: Helping Create More Informed Citizens Through Foodways
- Lauren Sastre, East Carolina University, From the Farm to the Clinic

B. Food and Politics in a Global Context – Withers 115

Moderator: Catherine Chang, Winthrop University (changc@winthrop.edu)

- Hye Sung Kim, Winthrop University, Drought, Famine and Conflict: The Case of Two Pastoral Ethnic Communities in Turkana, Kenya
- James Holland, Winthrop University MLA Program, This Means War: Can Environmental Change and Food Production Have an Effect on Conflict in Africa?
- Wendy Sellers and Sierra Davis, Winthrop University, Sustainable Development and Ending Hunger: Connecting Students to Global Issues
- Elizabeth Brand, Winthrop University MLA Program, Migrant Lives Altered: The Moral Dilemma of Food Production

C. Moral Judgments, Social Justice, and Food – Withers 117

Moderator: Dale Hathaway, Winthrop University (hathawayd@winthrop.edu)

- David Meeler, Winthrop University, Why I Am Not a Vegetarian
- Eric Greaux, Winston-Salem State University, Rise, Kill, and Eat: The Abrogation of Jewish Food Laws in Early Christianity
- Kelsi Brown, Winthrop University, Clean Eating: How the Language of Diet Culture Assigns Moral Judgments to Food Choices
- Kenashia Thompson, Winthrop University, Fasting and Dietary Practices in Christian and Muslim Communities in the United States of America throughout American History

9:45-11:00am: Session VII

A. The Winthrop College Farm: Nutrition, Nourishment, and Knowledge – Withers 113

Moderator: Kelly Richardson, Winthrop University (richardsonk@winthrop.edu)

- Gina Price White
- Polly Ford
- Walter Hardin

B. From Levitating Sherbet Balls to Mrs. Dursley's Pudding: Magical and Real Food in JK Rowling's Harry Potter Series – Withers 115

Moderator: Leslie Bickford, Winthrop University (bickfordl@winthrop.edu)

- Victoria Reynolds, Winthrop University, The Nutritional Implications of Food in HP
- Lillian Barfield, Winthrop University, HP: How Food is Used as a Measurement for Love
- Sarah Costner, Winthrop University, The Consumption of Power and Friendship: Son Goku, Harry Potter, and the Generation Influenced by Their Journeys
- Leslie Bickford, Winthrop University, Food as Commodity in the Harry Potter Series

C. Student Research on Food Insecurity in Rock Hill, SC – Withers 117

Moderator: Katherine Metzok, Winthrop University (metzok@winthrop.edu)

- Bradley Ghent, Winthrop University, The Role for Communities and Governments in Addressing “Food Deserts”
- Mikayla Mangle, Winthrop University, From Racism to Capitalism: The Issue with Modern Day Grocery Store Chains in Low Income Communities
- Jordan Hamrick, Winthrop University, Appropriate Measures for Combating Food Insecurity in Rock Hill, SC
- Kelly Klimas, Winthrop University, Grocery Habits and Values of Winthrop University Students

D. Faculty Projects Abroad from China to Nicaragua: Bringing the World to the Classroom – Withers 119

Moderator: Tiffany Smathers, Winthrop University (cowdent@winthrop.edu)

- Ginger Williams, Lauren Sastre, Annalee Bell, Jessica Von Cleave, Jenni Montgomery; A Glass of Milk: The Rocha Nicaragua Goat Project
- Jim Connell, Winthrop University, The History of Tea and The Teapot

11:10am-12:25pm: Session VIII

A. Sharing a Meal: Character Development through Food in World Literature – Withers 113

Moderator: Amanda Campbell, Winthrop University (campbella@winthrop.edu)

- Bailli Boyd, Winthrop University, Body Image and Insecurities: The Wife of Bath’s Inner Turmoil
- Scarlett Black, Winthrop University, Food as Worth in Chaucer’s General Prologue to the *Canterbury Tales*

- Grey Atkins, Winthrop University, Ambrosia, Pomegranates, and the Purpose of Prayer: Food as a Bridge Between Worlds in Ancient Greek Myth
- Sean Able, Winthrop University, Food Throughout History A Comparative Look at Ancient Spartan and Athenian Cuisine

B. The Farmer's Perspective on the Local Food System and Challenges and Successes of Modern Farming – Withers 115

Moderators: Cindy Tant and Janet Wojcik


- Chemeeka Sparks, Sparks Family Farm, Indian Land, SC
- James Ferebee IV, Ferebee Farm, Rock Hill, SC
- Natalie Howell, Howell Specialty Farmz, Indian Land, SC
- Cleveland Jackson, Jackson Farm, Union, SC

C. Dining on a Dollar: Financial Social Work and Healthy Food – Withers 117

Moderator: Monique Constance-Huggins, Winthrop University (hugginsm@winthrop.edu)

- Anthony Hill, Winthrop University
- ZaDonna Slay, Winthrop University
- Jazmine Diamond, Winthrop University
- Elizabeth Ponds, Winthrop University

 12:30pm.: Closing Address: Ginger Williams, Plowden Auditorium, Withers Building

 2:00-4:30pm: York County Brew Trail starting at Slow Play Brewery, Rock Hill
PRE-REGISTRATION, PAYMENT, AND ID REQUIRED