



DIVISION OF  
**STUDENT**  
LIFE

**Health & Counseling  
Services Hours:**

Fall/Spring Semesters

- **MON. – THURS.**  
8:30 a.m. – 5 p.m.
- **FRIDAY**  
9:30 a.m. – 5 p.m.
- **Health Services,**  
closed 12:30-1:30 p.m.,  
emergencies only  
after 4 p.m.

Call for information  
about summer hours  
and eligibility.

Health and Counseling  
Services will close  
when university  
offices are closed.

**For more information, contact:  
Health & Counseling  
Services**

Winthrop University  
Crawford Building  
Rock Hill, S.C. 29733  
**COUNSELING SERVICES**  
**HEALTH SERVICES**  
**WELLNESS SERVICES**  
**TESTING PROGRAM**  
**OFFICE OF VICTIMS ASSISTANCE**  
**PHONE: 803/323-2206**  
**FAX: 803/323-3332**  
**OFFICE OF ACCESSIBILITY**  
**PHONE: 803/323-3290 (V/TDD)**  
**FAX: 803/323-4585**  
[www.winthrop.edu/hcs](http://www.winthrop.edu/hcs)



ROCK HILL, SOUTH CAROLINA

# Health & Counseling Services

## Eligibility for Services

Health Services and Counseling Services are available to all undergraduate, graduate and New Start students who have registered and paid their Student Health Fees, are enrolled in the current semester and have documented compliance with Winthrop University's immunization policy on file. Call for information about summer hours and eligibility. Student or picture ID must be presented at each visit.

Victims Assistance, Office of Accessibility, and Wellness Services are free of charge at all times. The Testing Program is open to all members of the Winthrop community and the general public; call for pricing on various tests offered.

## Location: Crawford Building

The following departments are located in the Crawford Building: Health Services, Counseling Services, Wellness Center, Office of Victims Assistance, Testing Program and Office of Accessibility. Please stop by our front desk on the second floor for detailed information.

## After Hours and Weekends

Resident students are to contact their RA or RLC who will help them obtain medical or psychiatric care. In a medical, psychiatric, sexual violence, or domestic/dating violence emergency, students should contact Campus Police (803/323-3333) who will coordinate emergency services for students. All students who need non-emergency care can go to a local urgent care center. All charges incurred are the responsibility of the student.

## Confidentiality

Confidentiality of information is maintained in accordance with professional ethics, professional guidelines, and state and federal laws. The information a student shares with a staff member of Health Services or Counseling Services is not provided to anyone without the student's written consent. In a medical emergency, where life or limb is threatened, the policy of confidentiality will be governed by one of reasonableness and accepted statutes. Other limits to confidentiality include where a staff member suspects clear and imminent danger to the student or others; or suspects current abuse of a indi-

vidual under 18, the elderly, or an individual who cannot protect themselves due to a disability; or is court-ordered to testify or provide counseling records. A student's permission must be given by written consent before Health Services or Counseling Services can release specific medical or counseling information or any portion of a medical or counseling record, including releases to parents, university officials, and external agencies, except where required by law.

## Health Services

Medical Services are provided by a team that includes certified and licensed nurse practitioners, registered and licensed nurses, consulting pharmacists and registered laboratory technicians. Basic medical services include consultation, diagnosis and treatment and follow-up of acute illness or injury, such as asthma exacerbations, back pain, common colds, skin conditions, abdominal pain, headaches, pneumonia and sexually transmitted infections. Work physicals and annual female GYN exams are provided. Travel Clinic is available to students going abroad for study or pleasure. Mandatory immunizations are available. Office visits are offered at no charge. Some services (e.g. laboratory and medical supplies/procedures/treatments) will incur a minimal fee. All charges are billed to the student's account as "Health Services."

## Laboratory

Some routine diagnostic laboratory tests can be performed at Health Services. Other ordered tests may be obtained on site and sent to an outside lab with results generally in 24 to 48 hours. All laboratory tests will incur a minimal fee.

## Allergy Injections

Students previously seen by a physician or specialist at home may store and receive injections at Health Services. Physician instructions and orders must be supplied with the serum. Allergy injections are given Tuesdays and Fridays by appointment. Following injections, students must remain in Health Services for thirty minutes for observation. A minimal fee per injection is billed to the student's account as "Health Services."

### Emergency Information Numbers

#### WINTHROP UNIVERSITY

Campus Police  
803/323-3333

Dean of Students  
803/323-4503

Inclement Weather Hotline  
803/323-2222

#### ROCK HILL COMMUNITY

Affinity Health Care  
(HIV/AIDS)  
803/909-6363

Catawba Community Mental  
Health Center  
803/327-2012

Doctor's Care  
803/325-8280

Keystone Substance Abuse  
Services  
803/324-1800

Piedmont Healthcare System  
(hospital)  
803/329-1234; 800/578-4555

Riverview Medical Clinic  
803/329-3103, open 24 hrs.

Piedmont East Urgent Care  
803/329-1930

Piedmont Urgent Care  
Baxter Village  
803/396-8100

Safe Passage  
(domestic violence/partner  
abuse/sexual trauma services)  
803/329-2800; 803/327-7558;  
800/659-0977

York County Health Department  
(DHEC)  
803/909-7300

#### NATIONAL

Alcohol and Drug Hotline  
800/NCA-CALL

Poison Control Hotline  
800/922-1117

Pregnancy Hotline  
800/848-5683

Sexual Assault Hotline  
800/656-4673

Sexually Transmitted  
Infection Hotline  
800/227-8922

## Counseling Services

A student's college experience can be very rewarding, but also very challenging; and sometimes personal struggles can get in the way of doing one's best academically. Counseling Services offers assessment, treatment, and referral services for a wide range of personal and mental health issues from friend, roommate, couples, and family conflicts to depression, anxiety, disordered eating, trauma, etc. Professional, licensed counselors offer short term counseling on a free and confidential basis. Counselors make every effort to see a student in crisis immediately. After hours and on weekends, students in need of immediate assistance should contact their RA or RLC, Campus Police, or go to the emergency room of the nearest hospital. Consultation and referral services are available to faculty and staff year round. Call for further information or to schedule an appointment.

## Office of Victims Assistance

The Office of Victims Assistance has expanded their services to provide direct services to survivors of major crimes including, but not limited to sexual assault, intimate partner violence, domestic violence, dating violence, stalking, bullying, and bias crime. The OVA provides campuswide educational programming and training to prevent these crimes from occurring. The office is staffed with a full-time Victim Services Coordinator and a full-time counselor who provide on-going support to the survivor, male or female, from the time of initial reporting. The staff provides counseling services and assists with obtaining sexual assault forensic exams, STI testing/treatment, pregnancy prevention, housing options, academic advocacy, legal prosecution, the Winthrop Judicial System and access to other support services. Each case is handled individually and the client is allowed to select which services he or she wishes to pursue. For additional information, visit our website. In the case of an after-hours emergency, call Campus Police at 803/323-3333, or the local rape crisis center, Safe Passage, at their 24-hour hotline, 803/329-2800.

## Office of Accessibility

Winthrop University is dedicated to providing access to education for all students. Office of Accessibility staff work with students who have documented disabilities to provide reasonable classroom, residence hall, and campus accommodations. Students who

need accommodations are responsible for providing relevant and current documentation of their disability to the Office of Accessibility, and for scheduling an Intake Appointment with our professional staff to discuss requested accommodations. Call 803/323-3290 or visit our website for more information.

## Wellness Services

Wellness Services promotes the physical and mental well-being of Winthrop students by enabling them to make informed choices that contribute to healthy lifestyles. Educational information on health-related topics such as sexually transmitted infections, exercise, nutrition, disordered eating, as well as alcohol, tobacco, and other drug prevention is available to all students. Educational and preventive programs are presented upon request in residence halls, classes and to student groups by the Coordinator for Wellness Services or the Student Wellness Advocacy Team (SWAT). SWAT is a Winthrop student group that specializes in peer-to-peer health education. SWAT members are nationally certified peer health educators who serve as healthy role models and teachers on campus. To learn more about Wellness Services or SWAT, visit our website.

## Testing Program

The Testing Program offers registration information about various credit-by-examination and graduate school entrance examinations. We also administer such tests, including but not limited to: GRE, MAT, LSAT, and SAT. For more information, visit our website.



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