The Department of Human Nutrition is dedicated to providing quality educational experiences for students like you, preparing you to think critically. You’ll take courses in a variety of sciences, including chemistry, human physiology, and microbiology. Our program gives you the knowledge and skills necessary to become leaders in the field of dietetics and nutrition. The undergraduate program meets the minimum academic requirements of the Academy of Nutrition and Dietetics, which is a prerequisite for applying to accredited dietetic internships. When you complete the B.S. in human nutrition, you’ll receive the Didactic Program in Dietetics Verification Statement required for dietetic internship applications.

Wanda M. Koszewski, Ph.D., RD, LD, FAND
Chair, Department of Human Nutrition

The professors of the Department of Human Nutrition welcome you to the program. Our faculty come from diverse backgrounds, and all are registered dieticians so that you know you’ll be learning from those with the right experience and expertise. We’re available to assist you in meeting your educational and professional goals. We’ll challenge you to think critically and motivate you to excel in the program. We also serve as academic advisors, assisting in course selection and helping you make career choices both at the undergraduate and graduate level.

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Winthrop is the only S.C. university to offer both an ACEND accredited B.S. degree in dietetics and dietetic internship, as well as a M.S. degree in human nutrition.

“I love the small community aspect of the program, because it fosters an enlightening and hands-on experience through close relationships with professors and colleagues. My favorite memories are from working in the food lab and participating in discussion-based classes. Thanks to my experiences here, I feel very prepared to go into a dietetic internship.” - Kate Bennett, ’16
“As a non-traditional graduate student, working full-time and going to school, the dietetics faculty worked around my busy schedule to ensure program completion on a timeline that was best for me.”
-Matthew Dengler, ’16

“The Department of Nutrition here at Winthrop is astounding. All professors and staff are more than willing to help and you never cease to learn new things from them each and every day.”
-Sara Maynard, ’16