

Human Nutrition

The Department of Human Nutrition is dedicated to providing quality educational experiences for students like you, preparing you to think critically. You'll take courses in a variety of sciences, including chemistry, human physiology, and microbiology. Our program gives you the knowledge and skills necessary to become leaders in the field of dietetics and nutrition. The undergraduate program meets the minimum academic requirements of the Academy of Nutrition and Dietetics, which is a prerequisite for applying to accredited dietetic internships. When you complete the B.S. in human nutrition, you'll receive the Didactic Program in Dietetics Verification Statement required for dietetic internship applications.

Quick Facts

162 human nutrition majors

average class size 24

1 Winthrop is the only S.C. university to offer both an ACEND accredited B.S. degree in dietetics and dietetic internship, as well as a M.S. degree in human nutrition



Wanda M. Koszewski, Ph.D., RD, LD, FAND
Chair, Department of Human Nutrition

The professors of the Department of Human Nutrition welcome you to the program. Our faculty come from diverse backgrounds, and all are registered dietitians so that you know you'll be learning from those with the right experience and expertise. We're available to assist you in meeting your educational and professional goals. We'll challenge you to think critically and motivate you to excel in the program. We also serve as academic advisors, assisting in course selection and helping you make career choices both at the undergraduate and graduate level.

Wanda M. Koszewski, Ph.D.
803/323-4520
koszewskiw@winthrop.edu

Degree Programs

Bachelor of Science
in Human Nutrition

Master of Science
in Human Nutrition

Minor in Human Nutrition

"I love the **small community** aspect of the program, because it fosters an enlightening and **hands-on experience** through close relationships with professors and colleagues. My favorite memories are from working in the food lab and participating in **discussion-based** classes. Thanks to my experiences here, I feel very prepared to go into a **dietetic internship**." - Kate Bennett, '16

Co-Curricular Experiences Open To All Human Nutrition Majors

- Study Abroad
- Undergraduate Research
- Practicum Experiences

Extra-Curricular Activities Open To All Human Nutrition Majors

- Student Dietetic Association
- Wellness Fairs
- Volunteer Experiences in the Community

Freshman Class Schedule

ACAD 101	Introduces first-year students to the concepts, resources, and skills necessary for successful higher learning and facilitates the student's adjustment to the learning academy.
WRIT 101	Introduces students to college-level, thesis-driven, research-based writing. Focus on planning, organizing, and developing persuasive essays.
NUTR 221	Basic nutrition concepts applied to the needs of individuals, families and communities.
CHEM 105	An introductory chemistry course for those who intend to major in the sciences.
MATH 150	A study of basic skills and applications necessary for critical thinking in a quantitative world. Topics include: sets, logic, counting, probability, and statistics.
PSYCH 101	Introductory survey of the entire field of psychology.

“As a non-traditional graduate student, working full-time and going to school, the dietetics faculty worked around my busy schedule to ensure program completion on a timeline that was best for me.”
-Matthew Dengler, '16

Scholarship Opportunities

Landrum-Layton Scholarship: Applicant must be a human nutrition major with financial need.

Marcelle Scogin Scholarship: Applicant can be an undergraduate or graduate student enrolled in human nutrition and dietetics programs.

South Carolina Food Service Supervisors Association Scholarship: Applicant must be a human nutrition major residing in South Carolina and have a 3.0 or higher GPA.

For more information: www.winthrop.edu/cas/nutrition

Potential Careers In Human Nutrition

Registered Dietitians Nutritionist (RDN) are in high demand for employment; over the past five years, 94.9 percent of Winthrop University dietetic internship graduates seeking employment in dietetics were hired within three months of program completion.

- Ambulatory/Outpatient Services
- Community and Public Health Programs
- Hospitals
- Long-Term Care and Assisted Living
- Corporate Wellness Programs
- Food and Nutrition-Related Industries
- Sports Nutrition
- Food Service Management
- Retail/Marketing/Nutrition Education
- Nutrition Communication and Journalism
- Pharmaceuticals



“The Department of Nutrition here at Winthrop is astounding. All professors and staff are more than willing to help and you never cease to learn new things from them each and every day.”

-Sara Maynard, '16

Winthrop University
Department of Human Nutrition
Rock Hill, South Carolina, 29733

803/323-4520 · www.winthrop.edu/cas/nutrition