Program Overview
The Winthrop University Athletic Training Program (WU-ATP) is a rigorous preparatory experience for future athletic trainers. The Bachelor of Science degree provides the student with the academic background and clinical experiences necessary to challenge the national certification examination of the Board of Certification. Students develop and demonstrate competence in the eight educational domains established by the National Athletic Trainers’ Association.

For more information, contact
Alice J. McLaine, Ph.D., ATC, SCAT
Director, Athletic Training Program
Department of Physical Education, Sport, & Human Performance
116 West Center
Rock Hill, SC 29733
mclainea@winthrop.edu
Careers/Job Opportunities
Athletic trainers are employed in a variety of settings including, high school, collegiate and professional sports, sports medicine clinics, occupational health settings, military settings, and the performing arts. Graduates of the WU-ATP can be found across the United States from Massachusetts to California. Several are employed at high schools, colleges, and clinical settings in the Carolinas.

Clinical Instruction Plan
Clinical experience is a key factor in the development of an athletic training student’s skills. Students are required to enroll in a clinical experience course each semester that they are enrolled in the WU-ATP and will complete over 1,100 hours prior to graduation. Clinical experiences are obtained in a variety of settings including collegiate sports, high school sports, equipment intensive sports, and general medical. Students work with both male and female patients and are given opportunities to evaluate and treat injuries to the upper and lower extremities.

Internships
At the present time, students in the WU-ATP may obtain clinical experiences in several of the following sites
Winthrop University Athletics
Clover High School Athletics
Fort Mill High School Athletics
Nation Ford High School Athletics
Northwestern High School Athletics
Rock Hill High School Athletics
South Pointe High School Athletics
Piedmont Urgent Care
Ortho Carolina

The Curriculum
The Bachelor of Science in athletic training degree combines intensive didactic and laboratory coursework with extensive clinical experience to provide students with a comprehensive educational program.

- General Education
- Foundation Courses
  - First Aid & CPR
  - Anatomy
  - Physiology
  - Nutrition
  - Psychology
  - Biomechanics
  - Exercise Physiology

- Athletic Training Specific Coursework
  - Recognition & Evaluation of Injuries and Conditions
  - Therapeutic Modalities
  - Therapeutic Exercise & Rehabilitation
  - Pharmacology and Drug Education
  - Administration

Student Organizations
Students can participate in a variety of organizations including the Athletic Training Club.
The Athletic Training Club meets monthly and has several activities each semester including: attendance

National Accreditation
The WU-ATP is accredited by the Commission on Accreditation of Athletic Training Education. Initial accreditation was earned in 2004 and re-accreditation for a maximum 10 year term was earned in 2010.